

**DCU Sport Policy - No. 6**  
**Child Admissions Policy 2023**

This Policy supports the DCU Sport 'Child Protection and Safeguarding Policy' available on [www.dcu.ie/dcusport](http://www.dcu.ie/dcusport)

**GENERAL**

1. DCU Sport extends a warm welcome to all children.
2. All children must be added to their parent's / guardian's membership before using the facility.
3. Children are allowed to use the facility until 7pm Monday - Friday.
4. Children under 18 cannot sign in guests under 18.
5. Guest Passes – any guest pass holder under 18 years of age, must be accompanied by an adult member to use the facilities.
6. Dublin City University states that all registered DCU students are adults, even when under 18.
7. Children aged 15 - 17 can enter the facility without their parent/guardian member ONLY after they have been given written consent by their parent/guardian member on their membership application form.
8. Parental/guardian consent is written consent and is required to allow a child aged 15-17 to use the pool, fitness centre and changing rooms without the adult member being present. This should be signed off at reception.
9. Children and vulnerable adults, regardless of age may need to be supervised by their parents/guardians and this will be assessed on a case by case basis.

**CHANGING ROOMS**

10. The family changing room facilities are to allow parents/guardians accompanying a child of the opposite gender to the club.
11. Children over 13 years must use the separate ladies & gents changing rooms provided.
12. Girls over the age of 4 years are not allowed to use the gents changing rooms – family rooms are available for convenience.
13. Boys over the age of 4 years not allowed to use the ladies changing rooms – family rooms are available for convenience.

**POOL**

14. Children under 13 years must be accompanied by a parent / guardian member aged 18 yrs or over at all times while using the pool. The parent / guardian must accompany the child(ren) in the pool.
15. One adult is required in the pool per 3 children under 13 at all times.
16. Children aged 13-14 can use the pool whilst a parent/guardian member aged 18 yrs or over is present in the facility.

**FITNESS CENTRE**

17. Members 15 - 17 yrs, who wish to use the relevant sections of the fitness centre, must complete an induction in advance and follow the programme prescribed.
18. Only members 15 years of age and over can take part in fitness classes and use the cardiovascular equipment i.e. rowers, treadmills, cross trainers etc.
19. Members must be 17 years of age to use machine resistance weights.
20. Members under 18 cannot use the free weights.

Signed: James Galvin

Date: 1 March '23

**James Galvin, Head of Sport**  
**Review No. 13. Next Review March 2024**

**1<sup>st</sup> March 2023**

