

UNIVERSITY OF LIMERICK

INTERNATIONAL WOMEN'S DAY CONFERENCE 2010

Monday 8th March 2010, Irish Chamber Orchestra Building

Women and the Recession – Strategies for Survival



Following on the success of last year's inaugural International Women's Day Conference the Women's Forum Events Committee University of Limerick (www.ul.ie) is pleased to announce a 1 Day conference to celebrate International Women's Day 2010. The Conference title is **'Women and the Recession—Strategies for Survival'**.

The economic environment in Ireland and worldwide has sunk into a recession. Research has shown that 'women' despite their critical role in the workforce and in raising families are more vulnerable during times of recession. Women tend to suffer more job losses and a larger reduction in wages than men.

The aim of this conference is to look at the impact of recession on women in general and to provide some coping strategies to help you survive and thrive during the recession.

'International Women's Day is a day when women throughout the entire world come together regardless of nationality or lifestyle and celebrate life as a woman.

The UL Women's Forum is a network within the University of Limerick which supports the development of female employees within their working environment through the organisation of networking events, co-ordination of sub-committees and lobbying for support for women's issues.

The conference has a very interesting line up of speakers both national and international including;

Dr. Helen Russell, Associate Research Professor the Economic & Social Research Institute (ESRI)

Dr. Stephen Kinsella Author of *'Ireland in 2050: How we will be living'*. Lecturer in Economics at the University of Limerick

Caroline Casey founding CEO of Kanchi (formerly The Aisling Foundation) and the O2 Ability Awards.

Prof. Sarah Moore, Associate Vice President Academic at the University of Limerick

Betty LaMarr, International speaker, author and business coach specialising in the areas of Cultural Diversity, Work/Life Balance and Personal Development

Jaki Scarcello, founder of FPS a Leadership and Coaching Consultancy Company in the US.

Dr Maria Hinfelaar, President Limerick Institute of Technology

Dr Patrick Ryan, Director of the Doctoral Programme in Clinical Psychology at the University of Limerick. Psychological consultant for the RTE television series, 21st Century Child.

BOOKING

Early booking costs €85.00 prior to 14th February 2010
€100.00 thereafter.

Students €25.00.
Unwaged €25.00.

For more information:

<http://www2.ul.ie/web/WWW/Societies/IWDC/>

or contact any member of the Events Committee:

Nyiel Kuol,
Yvonne Clarke,
Marie Connolly,
Jackie O'Shaughnessy,
Jennie Gale,
Clare McCracken or
Mary O'Malley

For bookings please email
tdbookings@ul.ie

Please note the conference venue manager has informed us that stiletto heels and steel tipped shoes are strictly not permitted on the acoustically engineered floors of the Irish Chamber Orchestra building.