

Last year I set up a business at home, running my own strength and conditioning classes. I now work in a multidisciplinary clinic in New Zealand alongside physiotherapists, psychologists, a nutritionist and an occupational therapist. I deal daily with injuries affecting both sports people and the general population, bringing them through all stages of rehabilitation in addition to taking group classes and training people individually.




Conall Hoey
BSc Athletic Therapy and Training

Find out more

T: +353 (01) 700 5000

E: registry@dcu.ie

W: dcu.ie/registry

-  DCU
-  DublinCityUni
-  [dublincityuniversity](https://www.instagram.com/dublincityuniversity)



DÁMH NA HEOLAÍOCHTA AGUS SLÁINTE
FACULTY OF SCIENCE & HEALTH

BSc in Athletic Therapy and Training Honours Bachelor Degree DC204



What's Unique?

- Cardiac and emergency first response certification with the Pre-hospital Emergency Care Council
- Opportunity to gain experience in MedEx, DCU's community-based chronic illness rehabilitation programme
- Intensive training in the development of consultation, interpersonal and clinical skills
- Opportunity to complete an international placement in your 4th year of the degree

How You Fit the Course

An Athletic Therapist and Trainer (ATT) specialises in the management of musculoskeletal injury in sporting and non-sporting groups and on-pitch-side skills including initial injury assessment, emergency care and end-stage sport-specific rehabilitation.

This course will suit you if:

- You want to work in the health care area and are interested in sport
- You feel you might enjoy meeting and working with people and helping them to regain full physical health
- You are hungry to learn
- You feel you have good interpersonal skills and you have and / or admire the core values of empathy, interest in others, respect, and dependability

Careers

The degree is an accredited degree with Athletic Rehabilitation Therapy Ireland.

As a graduate you could:

- Set up and run your own clinic
- Join a multidisciplinary clinic
- Work with elite teams in diverse sports
- Work with national governing bodies in sport

Athletic Therapy and Training is also a highly valued degree for those students interested in further study in health care, including physiotherapy and medicine.

Years
4

CAO Code
DC204

Internship
Yes

Delivery
Mode
Full Time