

The nutrition support needs of cancer survivors in Ireland

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Introduction

Cancer patients and survivors face several challenges relating to diet including misinformation about diet and cancer and a reported lack of availability of professional dietary advice (1). This research aims to investigate the type of nutrition support received, current dietary habits and preferred nutrition support going forward amongst cancer survivors in Ireland.

Methods

An online survey exploring the nutrition support needs of cancer survivors in Ireland was developed using LimeSurvey. Eligibility criteria included that respondents were: ≥ 18 yrs, living in Ireland, and ≥ 1 year post primary cancer treatment. To date 76 respondents have completed the survey.

Key results

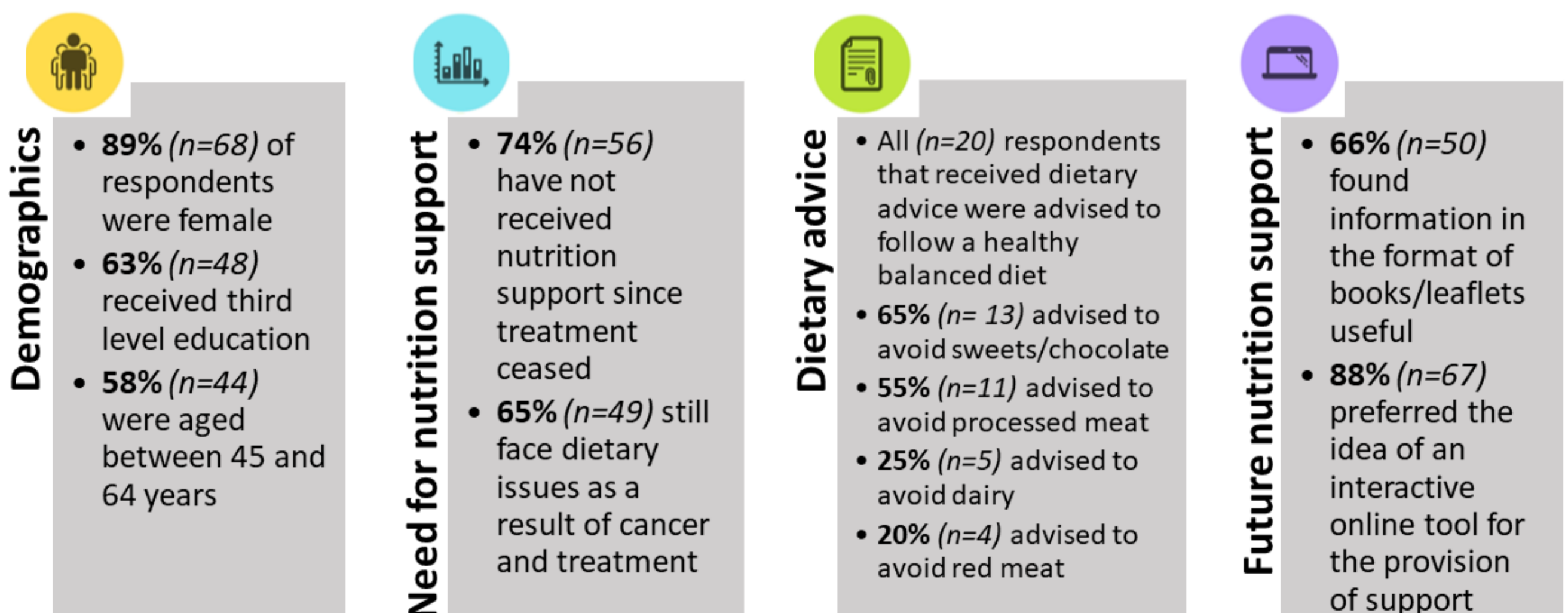


Fig 1: Key results from the nutrition support needs of cancer survivors in Ireland survey

Conclusion

This research highlights the challenges facing cancer survivors in Ireland and provides useful insight into how nutrition support services could help address their needs.

