

Hypertension Master Class

Date: Thursday, 16th May 2019

Venue: Room HG10, School of Nursing and Human Sciences, DCU Glasnevin Campus

Timetable of Events

9.15am **Registration**

9.30am **Catriona Murphy**
Asst Prof, School of Nursing and Human Sciences, DCU
Welcome, Introduction and Epidemiology of Hypertension in Ireland

9.50am **Roisin Doogue**
Practice Nurse, PhD Student, University of Limerick

Blood pressure measurement and hypertension diagnosis and management using clinic, home and ambulatory blood pressure monitoring

10.30am **Marese Damery**
Health Check Manager, Health Promotion, Irish Heart Foundation

Key messages for hypertension prevention and lifestyle interventions

11.10am **Break**

11.30am **John Cox**
General Practitioner, Fethard-on-Sea, New Ross, Co. Wexford

Pharmacological hypertension treatment guidelines and clinical case scenarios

12.50pm **Lunch**

13.35pm **Naomi Stetson**
Independent Nurse Consultant, British and Irish Hypertension Society
Ambulatory blood pressure monitoring, patient education and interpretation of output (Group work)

14.55pm **Break**

15.10pm **Ruth Morrow**
Advanced Nurse Practitioner (Primary Care), Independent Nurse Educator and Consultant
Setting up a nurse led hypertension service in General Practice

15.50pm **Catriona Murphy**
Asst Prof, School of Nursing and Human Sciences, DCU
Summary, evaluation and close

Nursing and Midwifery Board of Ireland Post-Registration Category 1 approved (5 Continuing Education Units)

Registration fee: €50

Register at:
hypertension-2019.eventbrite.ie

For further information, contact:
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