



## NS622: Professional Supervision Practice

### Module Details

<b>Title:</b>	Professional Supervision Practice <b>APPROVED</b>
<b>Long Title:</b>	Professional Supervision Practice
<b>Language of Instruction:</b>	English
<b>Module Code:</b>	NS622
<b>Credits:</b>	10
<b>NFQ Level:</b>	9
<b>Field of Study:</b>	Counselling
<b>Valid From:</b>	2019/20 (Sep 2019)
<b>moduleLearningOutcomeTaxonomy:</b>	Blooms
<b>Module Delivered In</b>	1 programme(s)
<b>Administrator:</b>	Catriona Murphy
<b>Module Coordinator:</b>	Aisling McMahon
<b>moduledepartment:</b>	38 - School of Nursing, Psychotherapy and Community Health
<b>Module Description:</b>	<p>This module focuses on the application of supervision knowledge and skills to professional practice. Through provision of clinical supervision with peers and supervisees, students will develop their supervisory skills and style. They will learn how to apply and integrate theoretical approaches and conceptual models of supervision into their supervision practice. Students will develop skills in attending to the supervisory relationship, and in managing feedback and evaluation in supervision. Students will be facilitated to consider and implement professional, legal and ethical standards into their practice in one to one, shared, peer and group supervision in various contexts (private, team, organisational, e-supervision). Due consideration will be given to appreciating and appropriately responding to culture, diversity and power in the supervisory context and in working according to adult learning principles. Through independent study and engagement in clinical supervision and supervision consultation, candidates will engage in a depth of professional and personal reflection as well as critical appraisal about their own and others' perspectives on clinical supervision.</p>

### Learning Outcomes

*On successful completion of this module the learner will be able to:*

LO1	1. Integrate and operationalise theory bound approaches and conceptual models of supervision
LO2	2. Demonstrate the tasks of supervision in practice utilising appropriate skills and interventions
LO3	3. Attend to the supervisory relationship, and manage feedback and evaluation in supervision
LO4	4. Identify and make an informed response to ethical, legal and professional issues as they emerge in real world supervisory practice
LO5	5. Understand and practice working in different supervision modes: individual, shared, peer and group clinical supervision, and consider different supervisory contexts (private, team, organisational, e-supervision, use of technology in supervision)
LO6	6. Engage with awareness and sensitivity to issues of culture, diversity and power as they present in clinical practice supervision
LO7	7. Consider and apply adult learning principles in supervisory practice
LO8	8. Engage in reflexive, critical examination of their own and peers' supervisory practice

moduleLearningOutcomeTaxonomy: Blooms								
#	LO1	LO2	LO3	LO4	LO5	LO6	LO7	LO8
C1				Y		Y	Y	
C2				Y		Y	Y	
C3	Y	Y	Y	Y	Y	Y	Y	Y
C4								Y
C5								Y
C6								Y
P1								
P2								
P3								
P4								
P5	Y	Y	Y	Y	Y	Y	Y	Y
P6		Y	Y	Y	Y	Y	Y	Y
P7		Y	Y	Y	Y	Y	Y	Y
A1	Y	Y	Y	Y	Y	Y	Y	Y
A2	Y	Y	Y	Y	Y	Y	Y	Y
A3				Y	Y	Y	Y	Y
A4					Y	Y		Y
A5						Y		Y

moduleLearningOutcomeTaxonomy Reference: Blooms		
#	Taxonomy Description	Taxonomy Group
C1	Knowledge	Cognitive
C2	Comprehension	Cognitive
C3	Application	Cognitive
C4	Analysis	Cognitive
C5	Synthesis	Cognitive
C6	Evaluation	Cognitive
P1	Perception	Psychomotor (Technical Skills)
P2	Set	Psychomotor (Technical Skills)
P3	Guided Response	Psychomotor (Technical Skills)
P4	Mechanism	Psychomotor (Technical Skills)
P5	Complex Overt Response	Psychomotor (Technical Skills)
P6	Adaptation	Psychomotor (Technical Skills)
P7	Origination	Psychomotor (Technical Skills)
A1	Receiving to Phenomena	Affective (Humanities)
A2	Responding to Phenomena	Affective (Humanities)
A3	Valuing	Affective (Humanities)
A4	Organizing Values	Affective (Humanities)
A5	Internalizing Values	Affective (Humanities)

<b>Pre-requisite learning</b>		
<b>Module Recommendations</b> <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed. You may not enrol on this module if you have not acquired the learning specified in this section.</i>		
No recommendations listed		
<b>Co-requisite Modules</b>		
78234	NS620	Psychotherapy Supervision
<b>Pre-Requisite</b> <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed. You may not enrol on this module if you have not acquired the learning specified in this section.</i>		
No Pre-Requisites listed		

**Module Content & Assessment**

Indicative Content and Learning Activities
<b>Applying theory bound models to practice</b> Application of theory-bound approaches to supervision to professional practice (existential, psychoanalytic, systemic)
<b>Applying supervision models to practice</b> Application of conceptual models of supervision to professional practice (Seven-eyed, Cyclical and Integrative Developmental models)
<b>Integrating in practice</b> Integrating theories and models of supervision to clinical supervision practice
<b>Practice in modes of supervision</b> Practice in individual, shared, peer and group modes of supervision
<b>Supervision contexts</b> Consideration of different contexts of supervision – private, team, organisational, e-supervision and use of technology in supervision
<b>The supervisory relationship</b> Developing awareness and skills in developing and maintaining healthy and productive supervisory relationships
<b>Professional issues in supervision</b> Reflection and practice in attending to professional issues including contracting, boundary setting, managing roles and responsibilities in supervision and ending supervisory alliances
<b>Ethical and legal issues in supervision</b> Developing awareness and skills in attending to ethical and legal issues in supervision, including attention to relevant ethical codes of professional and supervisory practice
<b>Cultural competence in supervision</b> Developing capacity in working with multicultural competence, attending to diversity and power in supervision
<b>Adult learning principles</b> Application of adult learning principles to supervisory practice
<b>Feedback and evaluation</b> Developing skills in relation to feedback, evaluation, report-writing and gate keeping in supervision practice
<b>Internal and external supervision practice, reflection and feedback</b> Supervisory practice, peer and lecturer feedback on supervisory practice, external supervision consultation, and reflective practice
<b>Learning activities</b> Lectures, seminar groups, online resources, independent study, assignment preparation, portfolio building

Assessment Breakdown	%
Continuous Assessment	100.00%

Continuous Assessment				
Assessment Type	Assessment Description	Outcome Addressed	% of total	Assessment Date
Assignment	Session Analysis: Audio-recording, typed transcript, process notes and written essay (2,000 words) regarding 30 minutes of a supervision session.	1,2,3,4,5,6,7,8	70.00	Sem 2 End
Professional Portfolio	Compilation of supervision logs/reports, supervision consultation logs/ reports/ information	1,4,5,6,7	30.00	Sem 2 End

No End of Module Formal Examination

Reassessment Pre-Requisite
<b>Coursework Only</b> <i>This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.</i>

DCU reserves the right to alter the nature and timings of assessment



## NS622: Professional Supervision Practice

### Module Workload

This module has no Full Time workload.

#### Part Time hours per semester

<i>WorkLoad Type</i>	<i>WorkLoad Description</i>	<i>Hours</i>
Directed learning	Lectures, discussions, practice groups	25
Directed learning	Internal group supervision	7.5
Directed learning	Internal supervision practice	5
Tutorial	Personal Tutorial	1
Professional Practice	External supervision practice (25 hrs) plus external individual supervision consultation (5 hrs) at the rate of 5:1 (supervision hours to external supervision consultation)	30
Independent Study	Pre and post-session reading, independent reading and literature searching, assignment preparation, portfolio building	181.5
Total Hours		250.00

## Module Resources

### Essential Book Resources

- Beddoe, L., & Davys, A. 2016, *Challenges in professional supervision: Current themes and models for practice.*, Jessica Kingsley London
- Bernard, J.M., & Goodyear, R.K. 2019, *Fundamentals of clinical supervision*, 6th Ed., Pearson Education New Jersey
- Carroll, M. 2014, *Effective supervision for the helping professions*, 2nd Ed., Sage London
- Creaner, M. 2014, *Getting the best out of supervision in counselling and psychotherapy: A guide for the supervisee*, Sage London
- Dochy, F. 2012, *Theories of learning for the workplace: Building blocks for training and professional development programmes.*, Routledge London
- Hargaden, H. 2016, *The art of relational supervision*, Routledge London
- Hawkins, P., & Shohet, R. 2013, *Supervision in the helping professions*, 4th Ed., Open University Press Berkshire
- Page, S., & Wosket, V. 2015, *Supervising the counsellor: The cyclical model*, 3rd Ed., Routledge London
- Proctor, B. 2009, *Group supervision: A guide to creative practice*, Sage London
- Scaife, J. 2019, *Supervision in clinical practice: A practitioner's guide*, 3rd Ed., Routledge London
- Shohet, R. (Ed.) 2011, *Supervision as transformation: A passion for learning*, Jessica Kingsley London
- Thomas, J. 2010, *The ethics of supervision and consultation: Practical guidance for mental health professionals*, APA Washington, DC
- Tribe, R., & Morrissey, J. (Eds.) 2005, *Handbook of professional and ethical practice: For psychologists, counsellors and psychotherapists*, Brunner-Routledge Hove
- Watkins, C., & Milne, D. 2014, *The Wiley international handbook of clinical supervision*, Wiley Oxford
- Wosket, V. (2nd ed.). London: Routledge 2016, *The therapeutic use of self: Counselling, practice, research and supervision*, 2nd Ed., Routledge London

### Supplementary / Recommended Book Resources

- Knowles, Holton, E., & Swanson, R. 2015, *The adult learner: The definitive classic in adult education an human resource development*, 8th Ed., Elsevier Burlington, MA
- Lahad, M. 2000, *Creative supervision: The use of expressive arts methods in supervision and self-supervision.*, Jessica Kingsley London
- Shohet, R. 2008, *Passionate supervision.*, Jessica Kingsley London
- Schon, D. 1983, *The reflective practitioner: How professionals think in action.*, Temple Smith London

### Essential Article/Paper Resources

Additional article resources will be provided on Loop (VLE)

### Other Resources

Specialist journals: *The Clinical Supervisor*

Specialist journals: *Counselor Education and Supervision*

**Module Delivered In**

<b>Programme Code</b>	<i>Programme Title</i>
PDCS	Professional Diploma in Clinical Supervision (Draft)

## Module Managers & Teachers

<b>Module Managers</b>		
<i>Semester</i>	<i>Staff Member</i>	<i>Staff Number</i>
Semester 1	Aisling McMahon	80357838
Semester 2	Aisling McMahon	80357838
Autumn	Aisling McMahon	80357838

  

<b>Module Teachers</b>	
<i>Staff Member</i>	<i>Staff Email</i>
Aisling McMahon	Aisling.McMahon@dcu.ie