

Summer School Programme

July 2019



DCU in the
Community



8th July, Monday, 10.00—11.00: Learning and Development in Early Childhood

The session will centre around why early child matters, the impact of early learning and development on later life chances, and how to help young children's learning and development.

Facilitator: Dr Geraldine French, DCU School of Language, Literacy and Early Childhood Education

9th July, Tuesday, 10.00—11.00: Youthful Offending—An Introduction

Psychological factors in the explanation and understanding of youthful offending

Facilitator: Dr Liz McLoughlin, DCU School of Nursing and Human Sciences

10th July, Wednesday, 10.00—11.00: Recovery College—Working Towards Wellbeing

Learn about the unique, empowering and inclusive educational approach to mental health and wellbeing

Facilitator: Martha Griffin, DCU School of Nursing and Human Sciences

12th July, Friday, 10.00—11.00: Creative Thinking and Writing Skills

Boost your creativity and creative writing skills during this practical and fun workshop

Facilitator: Joanna Ozarowska, Manager, DCU in the Community

15th July, Monday, 14.00—15.00: Inclusion of Students with Autism in Higher Education

Learn about personal, academic and environment supports for students on the autism spectrum

Facilitator: Dr Mary Rose Sweeney, DCU School of Nursing and Human Sciences

17th July, Wednesday, 10.00—11.00: Mind Your Mind! Keeping Your Mind Active as You Age

The session will centre around brain health and the ways of keeping your mind active throughout the lifespan

Facilitator: Dr Trudy Corrigan, DCU Institute of Education, School of Policy & Practice

18th July, Thursday, 10.30 – 1.00: Mindfulness—An Introduction

Introduction to, background and research supporting the mindfulness approach and its benefits

Facilitator: Helena Ahern, Head of DCU Counselling and Personal Development Service

19th July, Friday, 10.00—12.00: Public Speaking—Take the Terror Out of the Talk!

Improve your confidence in public speaking, and public speaking and presentation skills

Facilitator: Elaine Metcalfe, Adult Educator and Public Speaking Coach

All classes are free of charge!

Who can attend? All welcome! The workshops are suitable for anyone interested.

Where? All classes take place at DCU in the Community, Shangan Road, Ballymun

How to enrol? Simply book places on one or more workshops! Drop in to our centre on Shangan Road, or contact Gisela on 01 700 8800 or gisela.emanuel@dcu.ie

Please note that sessions will take place subject to minimum 8 participants