



## Schedule of Workshops

**12th July, Wednesday, 10.00—11.30: Social Psychology—Introduction**

Facilitator: Orla Mooney, DCU BSc Psychology

**13th July, Thursday, 10.00—12.00: Public Speaking—Take the Terror Out of the Talk**

Facilitator: Elaine Metcalfe, Adult Educator and Public Speaking Coach

**14th July, Friday, 10.00—12.00: Poster Perfect: Easy Ways to Publicise with DIY Posters (iMac)**

Facilitator: Siobhan Clancy, Digital Media Trainer

**17th July, Monday, 10.00—11.00: The Psychology of Self-Regulation**

Facilitator: Dr Lorraine Boran, Lecturer, DCU School of Nursing and Human Sciences

**19<sup>th</sup> July, Wednesday, 10.00 – 11.00: Personal Well Being and Connectiveness**

Facilitator: Dr Liam MacGabhann, Senior Lecturer, DCU School of Nursing and Human Sciences

**20<sup>th</sup> July, Thursday, 10.00 – 11.00: Multiculturalism in Ireland: Current Challenges and Responses**

Facilitator: Dr Veronica Crosbie, Lecturer, DCU School of Languages and Intercultural Studies

**21<sup>st</sup> July, Friday, 10.00 – 11.00: Mediation Skills in the Workplace**

Facilitator: Dr Trudy Corrigan, Lecturer and Researcher, DCU Institute of Education

**24<sup>th</sup> July, Monday, 10.00 – 11.00: Creative Thinking - Develop Your Creativity Skills**

Facilitator: Joanna Ozarowska, Coordinator, DCU in the Community

**27<sup>th</sup> July, Thursday, 10.00 – 11.00: Why Can't Everyone Be Like Me? Working Effectively with Different Personalities**

Facilitator: Prof. Finian Buckley, Professor of Work and Organisational Psychology, DCU Business School

**All classes are free of charge!**

**Who can attend?** All welcome! The workshops are suitable for anyone interested.

**Where?** All classes take place at DCU in the Community, Shangan Road, Ballymun

**How to enrol?** Simply book places on one or more workshops! Drop in to our centre on Shangan Road, or phone/email Gisela on 01 700 8800, [communityinfo@dcu.ie](mailto:communityinfo@dcu.ie)