HSE Mental Health Services

For the HSE National Directory of Mental Health Services in Ireland, please click the following link:

https://www.hse.ie/eng/services/list/4/mental-health-services/directory-of-mentalhealth-services.xlsx

For the HSE Mental Health Services in Dublin North City and County, please see below.

Contents

	•
Dublin North City - Primary Care: CHO Area 9	
Dublin North City – Mental Health: CHO Area 9	2
North Dublin – Primary Care: CHO Area 9	2
North Dublin – Mental Health: CHO Area 9	3
Mental Health Services in Dublin West	3
Mental Health Services in Dublin North Central	4
Health Service in Dublin North Central	5
Health Centres - Primary Care Centre	6
North Dublin Mental Health Day Services	8
Mental Health Services in Dublin South East	9
Health Centres in Dublin South East	10
Health Centres in Dublin South West	10
Mental Health Services in Dublin South West	11
Mental Health Services in Dublin North West	12
Health Centres in Dublin North West	13
Mental Health Services in Dublin West	13
Addiction Treatment Centres in Ireland	15
Addiction Services - LHO - North Dublin	17
Eating Disorder Centres in Ireland	21
Eating Disorder Resources	23
Psychological Services for Assessment of ADHD and/or Autism	23
Adult Dyspraxia Assessment	25
Employment Resources	26



Dublin North City - Primary Care: CHO Area 9

Centre	Service	Address	Phone number
Susan Bergin - Access Officer	Primary Care	HSE, Dublin North City, Main Street, Ballymun HealthCare Facility, Ballymun, Dublin 9.	+353 1 8467350
Kathleen Eccles - Access Officer	Primary Care	HSE, Nexus Building, Unit 4&5, Block 6A Blanchardstown Corporate Park, Dublin 15.	+353 1 8975190
Trish Hennessy - Access Officer	Primary Care	HSE, Dublin North City, Ballymun HealthCare Facility, Ballymun, Dublin 9.	+353 1 8467201
Brian Kirwan - Access Officer	Primary Care	Dublin North City, Ballymun Health Care Facility, Ballymun, Dublin 9.	+353 1 8467309

Dublin North City – Mental Health: CHO Area 9

Centre	Service	Address	Phone number
Marie O' Sullivan - Access Officer	Mental Health	HSE CAMHs, Metropolitan House, James Joyce St., Dublin	+353 1 8034219
Linda Dolan - Access Officer	Mental Health	HSE, Connolly Norman House, 224 North Circular Road, Dublin 7.	+353 1 8102947 <u>or</u> +353 1 8681400
Fiona Davis - Access Officer	Mental Health	HSE, Connolly Norman House, 224 North Circular Road, Dublin 7.	+353 1 8681400

North Dublin – Primary Care: CHO Area 9

Centre	Service	Address	Phone number
Frances O' Donovan Access Officer	Primary Care	HSE, Freedom of Information Office / Administration Community Healthcare Organisation. Area 9, HSE Dublin North City & County, Cromcastle Road, Coolock, Dublin 5	+353 1 8164258
Una Hoare Access Officer	Primary Care	HSE, St. Ita's Hospital Campus, North Dublin Mental Health Service, Portrane, Co. Dublin	+353 1 8436337
Geraldine Donnellan Access Officer	Primary Care	HSE, Northside Civic Centre, Coolock, +353 1 Dublin 5. 8661415	
Mary Brady Access Officer	Primary Care	HSE, Community Healthcare Organisation, Area 9, HSE Dublin North City & County, Cromcastle Road, Coolock, Dublin 5	+353 1 816 4200





North Dublin – Mental Health: CHO Area 9

Centre	Service	Address	Phone number
Elizabeth Maguire - Access Officer	Mental Health	HSE, St. Ita's Hospital Campus, North Dublin Mental Health Service, Portrane, Co. Dublin	+353 1 8436337

Mental Health Services in Dublin West

Cherry Orchard Hospital Reception is 016206000

Centre	Service	Address	Phone number
Lakeview Unit	In Patient Units	Naas General Hospital, Naas, Co. Kildare	+353 45 897 221
St. James's Hospital,	In Patient Units	St. James's Street, Dublin 8	+353 1 410 3000
Tallaght Hospital	Adult Psychiatric Service	Dublin 24,	+353 1 414 3303
Department of Psychiatry	Day Services	Tallaght Hospital, Dublin 24	+353 1 414 2000
Jonathan Swift Clinic,	Day Services	St. James's Hospital, Dublin 8	+353 1 410 3000
Lakeview Unit	Day Services	Naas General Hospital, Naas, Co. Kildare	+353 45 897 221
Ballyfermot Mental Health Centre,	Day Services	Primary Care Centre, Ballyfermot Road, Dublin 10	(07669) 56100
Tallaght Day Hospital,	Day Services	Sheaf House, Exchange Hall, Belgard Square North, Dublin 24	+353 1 4635200
Clondalkin Day Hospital,	Day Services	Unit 1A, Village Centre, Orchard Road, Clondalkin, Dublin 22	+353 1 4570009



Rowlagh Health	Day Services	Neilstown Road, Rowlagh,	+353 1 6754900
Centre,		Clondalkin, Dublin 22	
Crumlin Day		St. Columba's, Armagh Road,	+353 1 4559547
Hospital		Crumlin, Dublin 12	
Crumlin ,		Curlew Rd Health Centre,	+353 1 4556422
		Dublin 12	
Mary Mercer		Jobstown, Dublin 24	+353 1 4585744
Health Centre			
St. Martha's Day		730-732 South Circular Road,	+353 1 4152100
Hospital,		Kilmainham, Dublin 8	
CAMAC Day		1st Floor Bulfin Road,	+353 1 4716320/1
Hospital,		Inchicore Primary Care	
		Centre, Dublin 8	
St Mary's Day		Craddockstown Rd, Naas, Co	+353 45 920617
Hospital,		Kildare	
Kildare Day		Primary Care Centre, Dublin	(07669) 58653
Centre,		Road, Kildare Town, Co	
		Kildare	
Athy Day		Athy Health Centre,	+353 59 8633533
Hospital		Woodstock Street, Athy, Co	
		Kildare	
Castledermot		Abbeyview, Tullow Rd,	+353 59 9162563
Day Centre,		Castledermot, Co Kildare	
Celbridge Day		Shackleton Rd, Celbridge, Co	+353 1 6303163
Hospital,		Kildare	
Kilcock Day		Kilcock Primary Care Centre,	+353 1 9213500
Centre/Hospital		Kilcock, Co Kildare	

Mental Health Services in Dublin North Central

When an individual experiences a mental health problem, contact with their general practitioner (G.P.) is usually their first formal attempt to seek help. This contact can be the key to a timely and successful resolution of their mental health problem. The G.P. will either identify the problem and treat it or refer the person on to the locally based consultant-led mental health team.

Consultant-led multidisciplinary teams provide services on a geographical basis to the following districts.



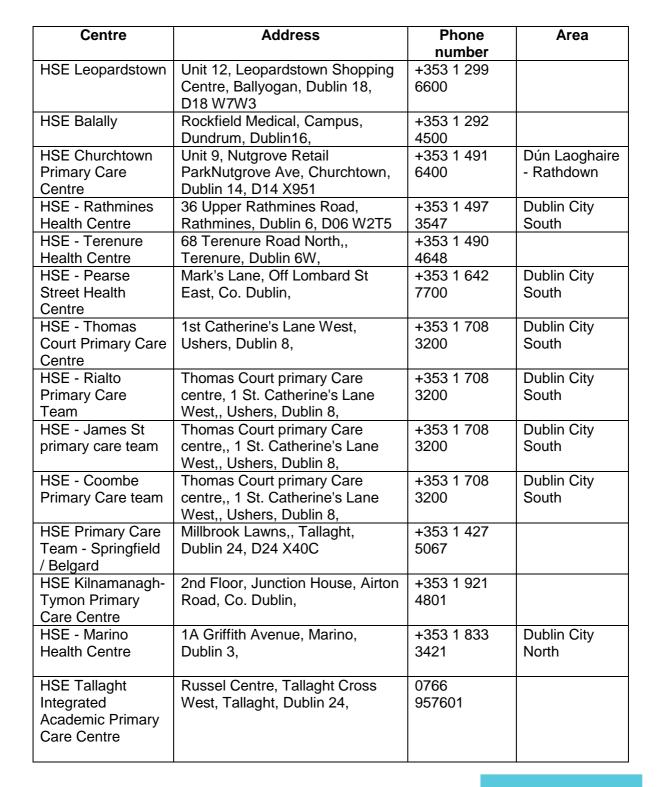
- Ballymun +353 1 846 7084
- Mater Hospital catchment area +353 1 868 1400
- Marino +353 1 836 9900
- Millmount +353 1 837 8763
- North Strand +353 1 855 4590

Access to the teams is through GP referral.

Centre	Service	Address	Phone number
Ballymun Health	Primary	Dublin 9	+353 1 846 7000
Care Facility	care		
HSE- Clontarf	Primary	Vernon Avenue, Clontarf,	+353 1 853 9500
health centre	care	Dublin 3	
HSE - East Wall health clinic	Primary care	Church Road, East Wall, Dublin 3	+353 1 7957090
HSE- Killester	Primary	Killester Avenue, Killester, Dublin 5	+353 1 831 3143
health center	care		
HSE - Millmount	Primary	Millmount Avenue, Millmount,	+353 1 8840920
Health Centre	care	Dublin 9	
HSE - Larkhill	Primary	Collins Avenue Extension, Larkhill,	+353 1 837 3796
Health Centre	care	Dublin 9	
HSE- Marino Health	Primary	1A Griffith Avenue, Marino, Dublin	+353 1 795 7200
Center	care	3	
HSE - North Strand	Primary	Dublin 1	+353 1 707 2300
Health Center	care		
HSE -Summerhill	Primary	Dublin 1	+353 1 921 1500
Primary Care	care		
Centre			

Health Service in Dublin North Central





Health Centres - Primary Care Centre



HSE - Ballymun Health Centre	Ballymun Health Care Facility, Dublin 9,	+353 1 846 7000	Dublin City North
HSE - Ballyfermot	Ballyfermot Road, Ballyfermot,	0766956000	Dublin City
Primary Care Centre HSE Portmarnock	Dublin 10, Strand Centre, Kingsford Cross,,	+353 1 921	South
Primary Care HSE Primary Care Team - Jobstown /	Portmarnock, Co. Dublin, Mary Mercer Centre, Jobstown, Dublin 24, D24 K8YK	3601 +353 1 458 5700	
Citywest HSE Ballyfermott	Ballyfermot / Palmerstown,	0766956000	Dublin City
/Palmerstown Primary Care	Ballyfermot, Cherry Orchard, Dublin 10, D10 C973		South
HSE Primary Care Team - Clondalkin Village	Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10,	0766955000	Dublin City South
HSE Primary Care Team - Moorefield	Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10,	0766955000	Dublin City South
HSE Primary Care Team - Dunawley/Deansrath	Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10,	0766955000	Dublin City South
HSE Primary Care Team - Rowlagh	Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10,	0766955000	Dublin City South
HSE Primary Care Team - Monastery Road	Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10,	0766955000	Dublin City South
Jigsaw Dublin 15	Blanchardstown Library, 2nd Floor Blanchardstown Shopping Centre, Co. Dublin,	+353 1 890 5810	
HSE Corduff Primary Care Centre	Blackcourt Road Blanchardstown, Corduff, Co. Dublin, D15 YN4X	0766956700	
HSE Blanchardstown Primary Care Services	Grove Court, Grove Road,, Blanchardstown, Dublin 15,	+353 1 829 7233	



Centre	Address	Phone number	Opening Hours
Laurena Day Services Balbriggan Home Care Team:	Dublin Street, Balbriggan, Co. Dublin	+353 1 8415628 +353 1 6904153	Day Hospital/Centre: Monday-Friday 9am to 5.15pm
Swords Mental Health Services Castlebrook Day Hospital Swords Home Care Team:	Swords Health Centre, Bridge Street, Swords, Co. Dublin	+353 1 8907130 +353 86 7810010 +353 1 8907130	Day Hospital: MondayFriday 9am to 5.15pm Home Care Team: Monday to Friday 9am to 17.15pm
Artane Building	Kilmore Road Artane, Dublin 5	+353 1 8472533	Day Hospital: Monday – Friday 9am to 5.15pm +353 86 0290839 Home Care Team: Monday-Friday 9am to 5.15pm +353 1 8472539

North Dublin Mental Health Day Services

EVE - HSE North Dublin

Tel +353 1 4156821 Fax +353 1 4156870 Website: <u>www.eve.ie</u>

EVE is a programme within the HSE. It provides a range of person-centred community services in Dublin, Wicklow and Kildare on behalf of the Local Health Offices. There are currently 20 locations catering to the needs of 1,000 participants in training programmes, community-based services and clubhouses annually. Referrals to this service are made through mental health clinics, special schools or through the service directly. This is an over 18's adult service.



Page 8 of 26 Counselling & Personal Development Service



Mental Health Services in Dublin South East

Centre	Address	Phone number
St. John of God Hospital,	Stillorgan, Co. Dublin	+353 1 288 1781
Newcastle Hospital,	Greystones, Co. Wicklow	+353 1 281 9001
Jonathan Swift Clinic	St. James's Hospital, St. James's Street, Dublin 8	+353 1 410 3000
Department of Psychiatry,	Tallaght University Hospital, Dublin	+353 1 414 2000
Clonskeagh Hospital,	Vergemount, Dublin 6	+353 1 269 7877
Glenmalure Day Hospital,	Milltown Road, Dublin 6	+353 1 283 0388
Irishtown & Ringsend Primary Care Centre,	Irishtown Road, D. 4.	+353 1 660 8629.
Lincara Centre,	Boghall Road, Bray, Co. Wicklow	+353 1 286 2345



Health Centres in Dublin South East

Centre	Address	Phone number
Baggot Street Sandymount Primary Care Team Building	Clonskeagh Hospital Campus Clonskeagh, Dublin 6. D06 T922	+353 1 6699401 +353 1 669 9300
Balally Primary Care Centre	Rockfield Medical Campus Dundrum, Dublin 16, D16 A6K5	+353 1 292 4500
Ballinteer Health Centre	Ballinteer Avenue, Ballinteer, Dublin 16, D16 YX93	+353 1 216 4500
Churchtown Primary Care Centre	Unit 9, Nutgrove Retail Park Nutgrove Ave, Churchtown, Dublin 14, D14 NT35	+353 1 491 6400
Donnybrook Health Centre	Vergemount Hall Clonskeagh Hospital Campus Clonskeagh ,Dublin 6, D06 EY15	+353 1 2680328 +353 1 2680 300
Leopardstown Primary Care Centre	Unit 12, Leopardstown Shopping Centre, Ballyogan Road , Dublin 18, D18 P3V8	+353 1 299 6600
Ranelagh Primary Care Centre	22-26 Sandford Road, Ranelagh Dublin 6, D06 A365	+353 1 498 6950

Health Centres in Dublin South West

Centre	Address	Phone number
HSE Armagh Road Primary Care Centre,	Crumlin, Dublin 12 D12 W62N	+353 1 9213801
HSE Brookfield Health Centre	Rossfield Avenue, Tallaght, Dublin24.	+353 1 4685800
HSE Curlew Road Health Centre	Drimnagh, Dublin 12	+353 1 455 6422 / +353 1 4556421
HSE Kilnamanagh-Tymon Primary Care Centre	2nd Floor, Junction House, Airton Road, Dublin 24, D24 CF75	+353 1 921480
HSE Killinarden Health Centre	Tallaght, Dublin 24	+353 1 462 6260
HSE Mary Mercer Health Centre,	Fortunestown Lane, Jobstown, Tallaght, Dublin 24.	+353 1 458 5700
HSE Millbrook Lawns,	Tallaght, Dublin 24	+353 1 427 5000





HSE Old County Road,	Crumlin, Dublin 12.	+353 1 795 730
HSE Tallaght Integrated Academic Primary Care Centre	Russell Centre, Tallaght Cross West, Dublin 24 D24 DH74.	+353 1 795 7601

Mental Health Services in Dublin South West

Services provided by St. Loman's Adult Mental Health Service within Dublin South West: Cherry Orchard Hospital, Dublin 10

Mental Health Centres

Centre	Address	Phone number
Tallaght Mental Health Centre,	Sheaf House, Exchange Hall, Tallaght, Dublin 24	+353 1 463 5200
Crumlin Mental Health Centre,	2nd Floor Primary Care Centre, Armagh Road, Crumlin, Dublin 12	+353 1 921 3862 +353 1 921 3864

Day Centre

Centre	Address	Phone number
Tallaght Mental Health Centre,	Sheaf House, Exchange Hall, Tallaght, Dublin 24	+353 1 463 5215
Crumlin Mental Health Centre	2nd Floor Primary Care Centre, Armagh Road, Crumlin, Dublin 12	+353 1 9213862 +353 1 9213864

Day Hospital

Centre	Address	Phone number
Tallaght Mental Health Centre,	Sheaf House, Exchange Hall, Tallaght, Dublin 24	+353 1 463 5206
Crumlin Mental Health Centre,	2nd Floor Primary Care Centre, Armagh Road, Crumlin, Dublin 12	+353 1 921 3862 +353 1 921 3864

Outpatient Department

Centre	Address	Phone number
Tallaght Mental Health Service	Mary Mercer Centre Fortunestown Lane, Tallaght, Dublin 24	+353 1 458 5744
Crumlin Mental Health Centre,	2nd Floor Primary Care Centre, Armagh Road, Crumlin, Dublin 12	+353 1 921 3862 +353 1 921 3864



Acute In-Patient Services

Centre	Address	Phone number
The Adelaide and Meath Hospital	incorporating the National Children's Hospital (AMNCH), Tallaght, Dublin 24	+353 1 414 3303
St. James' Hospital,	James' Street, Dublin 8	+353 1 410 3000
St. Patrick's Hospital,	James' Street, Dublin 8	+353 1 249 3200
Lakeview Unit,	Naas General Hospital, Naas, Co. Kildare	+353 45 897 221
Central Mental Hospital	Dundrum, Dublin 16	+353 1 298 9266

Day Services

Centre	Address	Phone number
Jonathan Swift Clinic,	St. James' Hospital, Dublin 8	+353 1 410 3000
Department of Psychiatry,	AMNCH, Tallaght, Dublin 24	+353 1 414 2000
Irishtown Day Hospital	1A Irishtown Road, Ringsend, Dublin 4	+353 1 668 3897
Ringsend Day Care Centre	Thorncastle Street, Ringsend, Dublin4	+353 1 668 8284
Lakeview Unit	Naas General Hospital, Naas, Co. Kildare	+353 45 897 221

Mental Health Services in Dublin North West

Centre	Address	Phone number
St Patrick's Hospital	Dublin 8	+353 1 249 3200
Central Mental Hospital	Dundrum, Dublin 16	+353 1 298 9266
Connolly Hospital Blanchardstown	Dublin 15	+353 1 646 5000
St Ita's Hospital,	Portrane, Co Dublin.	+353 1 883 6000
Phoenix Care Centre,	Grangegorman, Dublin 7	+353 1 795 8700 +353 1 795 8707
St Vincent's Hospital	Fairview, Dublin 3	+353 1 884 2400
Connolly Norman House	North Circular Road, Dublin 7	+353 1 795 8900



Centre	Address	Phone number
Blanchardstown Primary Care Services	Grove Court, Grove Road, Blanchardstown, Dublin 15.	+353 1 829 7233
Corduff primary Care Centre,	Blackcourt Road Blanchardstown, Dublin 15,	+353 1 795 6700
Grange Gorman Primary Care Centre,	Upper Grangegorman Road, Grangegorman, Dublin 7	+353 1 8676200
Hartstown Health Centre,	Cherryfield Lawns, Hartstown Rd, D.15	+353 1 8662800
HSE Roselawn Health Centre	Roselawn, Castleknock, Dublin 15	+353 1 646 4500
Ballygall Health Centre	Seamus Ennis Road, Finglas, Dublin 11.	+353 1 884 5000
Wellmount Health Centre	Wellmount, Finglas, Dublin 11	+353 1 856 7700

Health Centres in Dublin North West

Mental Health Services in Dublin West

In Patient Units

Centre	Address	Phone number
Lakeview Unit	Naas General Hospital, Naas, Co. Kildare	+353 45 897 221
St. James's Hospital,	St. James's Street, Dublin 8	+353 1 410 3000
Tallaght Hospital	Dublin 24, Adult Psychiatric Service	+353 1 414 3303

Day Services

Centre	Address	Phone number
Department of Psychiatry,	Tallaght Hospital, Dublin 24	+353 1 414 2000
Jonathan Swift Clinic	St. James's Hospital, Dublin 8	+353 1 410 3000
Lakeview Unit, Naas General Hospital,	Naas, Co. Kildare	+353 45 897 221
Ballyfermot Mental Health Centre,	Primary Care Centre, Ballyfermot Road, Dublin 10	(07669) 56100



Tallaght Day Hospital,	Sheaf House, Exchange Hall, Belgard Square North, Dublin 24	+353 1 463 5200
Clondalkin Day Hospital,	Unit 1A, Village Centre, Orchard Road, Clondalkin, Dublin 22	+353 1 457 0009
Rowlagh Health Centre	Neilstown Road, Rowlagh, Clondalkin, Dublin 22	+353 1 675 4900
Crumlin Day Hospital,	St. Columba's, Armagh Road, Crumlin, Dublin 12	+353 1 455 9547
Crumlin ,	Curlew Rd Health Centre, Dublin 12	+353 1 455 6422
Mary Mercer Health Centre,	Jobstown, Dublin 24	+353 1 458 5744
St. Martha's Day Hospital	730-732 South Circular Road, Kilmainham, Dublin 8	+353 1 415 2100
CAMAC Day Hospital,	1st Floor Bulfin Road, Inchicore Primary Care Centre, Dublin 8	+353 1 471 6320/1
St Mary's Day Hospital,	Craddockstown Rd, Naas, Co Kildare	+353 45 920617
Kildare Day Centre	Primary Care Centre, Dublin Road, Kildare Town, Co Kildare	(07669) 58653
Athy Day Hospital	Athy Health Centre, Woodstock Street, Athy, Co Kildare	+353 59 863 3533
Castledermot Day Centre,	Abbeyview, Tullow Rd, Castledermot, Co Kildare	+353 59 916 2563
Celbridge Day Hospital,	Shackleton Rd, Celbridge, Co Kildare	+353 1 6303163
Kilcock Day Centre/Hospital,	Kilcock Primary Care Centre, Kilcock, Co Kildare	+353 1 9213500





Addiction Treatment Centres in Ireland



ARAS	Addiction Treatment Centre	Newbridge, County Kildare	+353 6210190	e: <u>info@kwaras.ie</u> w: <u>http://arasproject.ie</u>
Anchor Treatment Centre	Addiction Treatment Centre	Mallow, County Cork	+353 22 42559	e: <u>anchor@anchorcentre.ie</u> w: n/a
Rushelodge Treatment Recovery Center	Addiction Treatment Centre	County Leitrim	+353 71 964 0001	e: n/a w: n/a
Coolmine Therapeutic Community	Addiction Treatment Centre	Dublin · Near Christ Church Cathedral, Dublin	+353 87 122 9307	e: admissions@coolminetc.ie w: https://www.coolmine.ie/
Tabor House	Alcoholism Treatment Programme	Navan, County Meath	+353 46 907 7909	e: info@taborhouse.ie w: https://taborhouse.ie/
Friends Of Cuan Mhuire	Addiction Treatment Centre	Athy, County Kildare	+353 59 863 1493	e: <u>athy@cuanmhuire.ie</u> w: <u>https://cuanmhuire.ie/</u>
Priority Medical Clinic	Addiction Treatment Centre	Dublin 14	+353 1 291 6153	e:drmcgovern@prioritymedicalclinic.ie w: http://prioritymedicalclinic.ie/
Addiction Interventions Ireland	Addiction Treatment Centre	Dublin 8	+353 89 702 0806	e: n/a w: n/a
Tolka River Project	Addiction Treatment Centre	Dublin 15	+353 1 824 9590	e: <u>infotolkariver@gmail.com</u> or <u>tolkariverproject@gmail.com</u> w: <u>https://tolkariverproject.org/</u>
Finglas Addiction Support Team (FAST)	Addiction Treatment Centre	Dublin 11	+353 1 811 0595	e: reception@fastItd.ie w: https://fastItd.ie/



Addiction Services - LHO - North Dublin

The Addiction Service supports the provision of an integrated range of preventative, therapeutic, and rehabilitation services to meet the diverse health and social care needs of our service users in an accountable, accessible and equitable manner.

The Addiction Service promotes a drug-free lifestyle by providing prevention, treatment, rehabilitation and aftercare programmes to minimise the harmful effects of substance misuse and prevent the spread of HIV / Hepatitis and other infections.

Referral and access to the Addiction Service is through Self Referral, Family Members, GPs, Drop-in Centres, Needle Exchange, Treatment Centres, Satellite Clinics, Community Support Groups, and through the Garda Arrest Referral System.

Needle Exchange services for under 16yrs require parental consent.

Needle exchange is a confidential service for injecting drug users, where they are able to get sterile injecting equipment and dispose safely of used injecting equipment Contact the Treatment Centres / Satellite Clinic or any Outreach Worker at any Clinic or Needle Exchange in your area to arrange your first visit

Centre	Address	Phone number	Email
Addiction Services Head Quarters	Phibsboro Tower, Phibsboro, Dublin 7	+353 1 8820300	mail@mailc.hse.ie
Counselling Service	Phibsboro Tower, Phibsboro, Dublin 7	+353 1 8820300	mail@mailc.hse.ie
Information, Education & Prevention	Phibsboro Tower, Phibsboro, Dublin 7	+353 1 8820300	mail@mailc.hse.ie
Outreach Service	Phibsboro Tower, Phibsboro, Dublin 7	+353 1 8820300	mail@mailc.hse.ie
Rehabilitation/Integration Service	Phibsboro Tower, Phibsboro, Dublin 7	+353 1 8820300	mail@mailc.hse.ie
Local Drug Task Force	Clancarthy Road, Donnycarney, Dublin 5	+353 1 846 5070	n/a
Alcohol Services,	Stanhope Street, Dublin 7	+353 1 6773965	stanhope.centre@hse.ie





In-Patient and Out-Patient Detoxification

St. Michaels Ward, Beaumont Hospital, Beaumont, Dublin 9 Tel: <u>01 8093288</u> Fax: 01 809300

Unit Manager, Cuan Dara, Cherry Orchard Hospital, Ballyfermot, Dublin 10 Tel: <u>01</u> <u>8093288</u> Fax: 01 8093000

St Patricks mental health hospital, Stevens lane, Support and Information service by <u>calling 01 249 3333</u>, or if you would like to <u>email your query to info@stpatsmail.com</u>, we will aim to get back to you within these hours.

https://www.stpatricks.ie/gps-referrals/referrals-admissions

Soilse

Soilse provides services for people who are genuinely motivated to rehabilitate themselves vocationally and have difficulty in finding courses which meet their social as well as occupational needs.

Services in Soilse are offered daily from 9am- 5pm. After Care is provided two evenings a week.

The gym is open on Tuesday's and Thursday's from 5pm-7pm and on Sunday 11am-1pm. Referral to drug-Free Centre can be made through family or self-referral. Alternatively, clients can be referred by a letter from their GP, the Probation & Welfare Services or the HSE Addiction Services. (Clients must be drug-free)

Referral to prescribed Medication Centre is through Self-Referral, Family, and letter of referral from GP, Probation & Welfare Services, and HSE Addiction Services. Clients must be on prescribed Methadone

Soilse Drug Free Centre, 6-7 North Fredrick Street, Dublin 1 Tel: +353 1 872 4535 Fax: 01 8724586 Read more about Soilse

Prescribed Medication, 1-2 Henrietta Place, Dublin 1 Tel: +353 1 8724922 Fax: 01 8724891 w: soilsehp@mailc.hse.ie

Rehabilitation and Integration Service

Floor 2, Phibsboro Tower, Dublin 7 Tel: +353 1 8820300

Keltoi, Phoenix Park, Dublin 20 Tel: +353 1 6200040



Page 18 of 26 Counselling & Personal Development Service



Voluntary Drug Centres

Centre	Address	Phone number	
Merchants Quay Project	Merchant Quay, Dublin 8	+353 1 679 0044	
Saol Project,	Amiens St, Dublin 1	+353 1 855 3391	
Drug Awareness Programme (Crosscare),	Coolmine House, 19 Lord Edward Street, Dublin 2	+353 1 679 4822	
Anna Liffey Project	48, Middle Abbey St, Dublin 1	+353 1 878 6899	
Red House,	Clonliffe House, Dublin 3	+353 1 839 0911	
Dublin Aids Alliance	53 Parnell Square,, Dublin 1	+353 1 873 3799	
Open Heart House,	2 St Marys Place, Dublin 7	+353 1 830 5000	
The Cavan Centre	Ballyjamesduff, Co Cavan	+353 49 854 4436	
Teen Counselling,	Mater Dei, Clonliffe Rd, Dublin 3	+353 1 5574705	

HIV/AIDS

Support for people in the community infected by HIV/AIDS Referral to this service is via Hospitals, GPs, Family, Word of Mouth, Public Health Nurses, HIV Clinics Dublin Aids Alliance, 53 Parnell Square West, Dublin 1

Tel: +353 1 8733799 Fax: +353 18733174

Open Heart House, 2 St. Mary's Place, Dublin 7 Tel: +353 1 830 5000

HSE Direct Service Delivery - Treatment Centre

This service provides medication, counselling and referral to other services for people living in the local community Referral is through HSE Outreach Services, Needle Exchanges, GPs, and Self-referral.

Beldale View, Belcamp Lane, Darndale, Dublin 17 Tel: +353 1 848 8951

Satellite Clinics

Satellite Clinics have specific opening times. You will be seen by a GP who will assess your needs and write you a prescription, if necessary. The prescription is then taken to the local Pharmacy to be dispensed.





Referral is through HSE Outreach Services, Needle Exchanges, GPs, and Self-referral.

Centre	Address	Phone number
Bonnybrook	Brookhaven, Glin Road, Bonnybrook, Dublin 17	+353 1 877 0205
Satellite Clinic		Fax: 01 8770300
Coolock	Brookhaven, Glin Road, Bonnybrook, Dublin 17	+353 1 877 0205
Satellite Clinic,		Fax: +353 18770300
Donabate	Donabate Health Centre, Donabate, Co Dublin	+353 1 843 6079
Satellite Clinic		Fax: +353 1 8434318
Donnycarney	Le Cheile, Collins Avenue East, Donnycarney,	+353 1 8314985
Satellite Clinic	Dublin 5	
Edenmore	Edenmore Health Centre, Edenmore Park,	+353 1 848 0666
Satellite Clinic	Dublin 5	Fax: +353 1 8473903
Howth Satellite	Howth Centre, Main Street, Howth, Co Dublin	+353 1 832 2984
Clinic,		Fax: +353 18359717
Kilbarrack	Kilbarrack Health Centre, Foxfield Crescent,	+353 1 839 1221
Satellite Clinic	Dublin 5	Fax: +353 1 8322111
Swords Satellite	Swords Health Centre, Bridge Street, Swords,	+353 1890 2200
Clinic	Co Dublin	Fax: +35318902121

Addictions Resources

- Alcoholics Anonymous
 +353 1 842 0700
 AWARE
 - 1800 80 48 48
- Dual Diagnosis Ireland
 +353 1 284 1166
- National Drugs Task Force
 1800 295 295
- Gamblers Anonymous
 - +353 1 872 1133
- Lifering
- Narcotics Anonymous
 - +353 1 672 8000

- CA Cocaine Anonymous
 +353 87 317 4989
- Solution of the second s
 - CA Bachelors Walk Zoom Meeting Monday
 - Link Access Code: 227 002 1952
 - Passcode: bachelorca
- > Marijuana Anonymous Ireland
 - +353 85 815 2389
- SMART Recovery



Page 20 of 26 Counselling & Personal Development Service

Eating Disorder Centres in Ireland

Centre	Service	Address	Phone number	Email / Website
National Eating Disorders Recovery Centre NEDRC	Eating disorder treatment	Dublin	+353 1 564 4450	e: <u>enquiries@nedrc.ie</u> w: <u>https://nedrc.ie/</u>
David O'Farrell – Mind & Body Solutions	Eating disorder treatment	Milltown, Tuam, Co. Galway	+353 85 7637059	e: form available on website w: <u>https://www.mindand</u> <u>body.ie/what-we-</u> <u>do/eating-disorder/</u>
Lois Bridges	Eating disorder treatment	3 Greenfield Road, Sutton, Dublin 13	+353 1 839 6147	e: <u>info@loisbridges.ie</u> w: <u>https://loisbridges.ie/</u>
Marino Therapy Centre	Eating disorder treatment	Dublin 9	+353 1 857 6901	E: <u>info@marinotherapyc</u> <u>entre.com</u> W: <u>https://www.marinoth</u> <u>erapycentre.com/</u>
Eating Disorders & Body Image	Eating disorder treatment	Wexford	+353 86 0205172	e: <u>info@michelleogorma</u> n.com w: <u>https://www.michelle</u> ogorman.com/
Bateson Clinic	Eating disorder treatment	13 South Leinster Street, Dublin 2	+353 661 8562	e: <u>info@batesonclinic.ie</u> w: <u>https://batesonclinic.i</u> e/
Rósglas	Eating disorder treatment	Based in a private location in Ireland	+353 1 458 3575	e: <u>info@rosglasrecovery</u> .com w: <u>https://www.rosglasre</u> <u>covery.com/</u>



Page 21 of 26 Counselling & Personal Development Service

Saint John of God Hospital	Psychiatric hospital in Dublin	Stillorgan Rd, Blackrock, Dublin	Imelda Redmond Clinical Nurse Specialist Tel: +353 277 1492 or Dr Maria Romanos Consultant Psychiatrist +353 1 277 1486	
Eating Disorders Association (N.I)	Support	58 Howard Street, Belfast	24/7 Support +44 28 9023 5959	e: <u>info@eatingdisorders</u> <u>ni.co.uk</u> w: <u>https://www.eatingdis</u> ordersni.co.uk/
Dean Clinic	Mental health clinic	Citygate, Mahon, Co. Cork	+353 249 3502	e: info@stpatricks.ie w:https://www.stpatrick s.ie/care- treatment/outpatient- clinics/dean-clinic-cork
Psychology Hub	Eating disorder treatment center	29 Westland Square, Pearse Street, Dublin 2	+353 85 758 8915	e: form available on website w: <u>https://psychologyhu</u> b.ie/
The Goldsmith Clinic	Health consultant	Dublin 2 · In Regus - Dublin 2 Pembroke House	+353 1 234 2442	e: <u>info@thegoldsmithcli</u> <u>nic.ie</u> w: <u>https://www.thegolds</u> <u>mithclinic.ie/</u>
Smarmore Castle Private Clinic	Alcohol, Drug & Behavioural Addictions	Near Ardee County Louth	+353 41 214 5143	e: <u>info@castlehe</u> w: <u>https://www.smarmor</u> e-rehab-clinic.com/
Bodywhys	The Eating Disorders Association of Ireland	PO Box 105 Blackrock Co Dublin Ireland	+353 1 283 4963	e: info@bodywhys.ie or alex@bodywhys.ie (email support) w:https://www.bodywhy s.ie/
Rutland Centre for ED	Addiction treatment and rehabilitation	Knocklyon Road, Dublin 16, D16 YV04	+ 353 1 494 6358	e: <u>info@rutlandcentre.ie</u> w: <u>https://www.rutlandce</u> <u>ntre.ie/</u>
St Patrick's University Hospital	Eating Disorders Programme	James' Street, Dublin 8.	+353 1 249 3333.	e: info@stpatricks.ie w:https://www.stpatrick s.ie/care-treatment/our- services/eating- disorders-programme



Eating Disorder Resources

www.bodywhys.ie

National support organisation for people with eating disorders and their families

www.bodywhysbodyimage.ie

Includes research on body image, practical tips on promoting positive body image for men, women and young people. Information for parents on promoting positive body image and self-esteem in children and young people and a specific section for schools with exclusive new resources to promote positive body image in both primary school and secondary school.

www.irishpsychiatry.ie Eating Disorder Special Interest Group, and public information on eating disorders

www.aedweb.org

The International Academy for Eating Disorders (public and professional evidence based information)

https://www.cbte.co/

CBT-E is a recommended evidence based treatment for eating disorders. Training is available on line and please see Training Information Sheet for further details. Please note it may take 3-4 weeks to receive access to the training due to the large volume of queries. For queries in relation to CBT-E supervision please email ncped@hse.ie

Download the app https:// ncped.selfcareapp.mobi

On Apple/iOS devices, you can access it on your browser. Put this link <u>https://ncped.selfcareapp.mobi</u> into Safari and add it to your home screen.

On Google/Android devices, you can open <u>https://ncped.selfcareapp.mobi</u> in Google Chrome. Press the 3 dots and hit add to your home screen in the menu.

Psychological Services for Assessment of ADHD and/or Autism

(Most do not require GP referral, but check individually)

Adult Autism

Tel: n/a e: <u>info@adultautism.ie</u> w: <u>https://www.adultautism.ie</u>



Page 23 of 26 Counselling & Personal Development Service

Adult and Child Therapy

Tel: +353 1 278 9516 e: <u>info@dublinadultandchildtherapy.ie</u> w: <u>http://www.adultandchildtherapy.ie/contact-us</u>

Arduna Counselling and Psychotherapy Centre

Tel: +353 1 833 2733 e: info@arduna.ie w: https://www.arduna.ie/assessments

Dr Clare Brady

111 Upper Trees Road, Mount Merrion, Co. Dublin
Tel: +353 87 2422145
e: drclarebrady@yahoo.co.uk / info@psychologycollective.ie
w: https://psychologycollective.ie/who-we-are/

Honan and Associates

Tel: +353 87 455 1736 e: info@honanandassociates.com w: https://honanandassociates.com

The Insight Centre

Tel: + 353 1 846 3894 e: adminnorth@theinsightcentre.ie w: https://www.theinsightcentre.ie

Jennifer Creegan

Consultant Clinical Psychologist. Co Louth Tel: +353 87 222 4052/077 208 e: Jennifer.gordon70@googlemail.com

Centric Mental Health (Private)

Tel: +353 611 1719 e: <u>hello@mentalhealth.ie</u> w: <u>https://mentalhealth.ie/adhd</u>



Page 24 of 26 Counselling & Personal Development Service

Adult Dyspraxia Assessment

Sarah Butler, Occupational Therapist Kildare based Tel: +353 85 722 5212 e: otsbutler@gmail.com w: https://otsbutler.com

Dr Dorothy Armstrong, Occupational Therapist

Kildare based Tel: +353 86 6 361 3376 086 e: <u>officeachieveot@gmail.com</u> w: https://www.achieveot.net/dr--dorothy-armstrong

Dr Liath Sheehan, Occupational Therapist Cork based w: <u>https://liathsheehan.com</u>

Community Resources

ASIAM

Autism support for newly diagnosed (official or self diagnosed) ASIAM have multiple online support groups, please see link below w https://asiam.ie/asiam-support-programmes/adult-support-wellbeing/

Womens Autism Social Group Ireland (Facebook) w: <u>https://www.facebook.com/groups/autisticwomensgroupireland</u>

ADHD Ireland

ADHD has a helpline everyday, and you can also email them Tel: +353 1 874 8349 e: info@adhdireland.ie w: https://adhdireland.ie/ ADHD Ireland also have in person and online support groups around the country, see their events page here: https://adhdireland.ie/adhd-events/

ADHD DOC

ADHD Diagnois and Treament 240 Merrion Road, Dublin 4 Tel: +353 87 7166 957 e: form available on website w: https://adhddoc.ie/



Page 25 of 26 Counselling & Personal Development Service



For information on and access to Adult ADHD APP: please see below:

The ADHD in Adults National Clinical Programme in partnership with ADHD Ireland and the UCD School of Psychology developed the Adult ADHD App.

The App provides specific information for adults who have ADHD or think they may have ADHD.

It is available to download from apple and google app stores and through https://adult.adhdirl.ie/download.

The app provides self-care and signposting information regarding adult ADHD. It is important to note that this is not a treatment programme.

Private Therapy Services

Thriving Autistic

Neurodivergent therapists (Speech therapists, counsellors, coaches, occupational therapists etc), providing therapy to neurodivergent people (not autism specific) W: https://www.thrivingautistic.org/

Employment Resources

Specialisterne

Preparing for the workplace, recruiting and supporting disabled people (specialise in neurodivergent). Free.

w: https://www.specialisterne.ie

AHEAD's WAM Programme (Willing, Able Mentorship)

Open to any disabled graduate 6-12 month graduate internships. FREE w: https://www.ahead.ie/wamgraduates

Gheel

An autism specific service for Dublin/North Kildare. Transition programme aims to help young autistic adults with a number of areas, including career support w: https://www.gheel.ie/

The DCU Counselling & Personal Development Service **Dublin City University Dublin 9** T +353 1 7005165 Glasnevin Campus T +353 1 700 9215 St Patrick's Campus E <u>counselling@dcu.ie</u> Glasnevin Campus E spd.counselling@dcu.ie St Patrick's Campus W https://www.dcu.ie/counselling

Page 26 of 26 Counselling & Personal Development Service