You can now apply via our website: www.dcu.ie/dcuspport

Current Term Participants
Priority booking for Term 1 open until the 30th June 2018 for participants on Term 4. Places are not guaranteed so book early to secure a place.

New / Returning Participants
Booking opens for new participants (not on the current term) on the 31st June 2018

Beginners and Improvers
7 Week Course
Saturday 8th September - 20th October
10.20-11.05am or 11.05-11.50am
Monday 10th September - 22nd October
3.30-4.15pm or 4.20-5.05pm
Tuesday 11th September - 23rd October:
3.30-4.15pm or 4.20-5.05pm
Thursday 13th September - 24th October:
4.20-5.05pm or 5.10-5.55pm
(Beginners only Thurs) 6.00pm

Members: €77 Non-members: €112

Swim Squad
(Age 8+)
7 Week course
Saturday 8th September - 20th October:
8.45am-9.30am or 9.30am-10.15am
Wednesday 12th September- 23rd September:
4.00pm-4.45pm
Thursday 13th September - 24th October:
3.30-4.15pm

Members: €77 Non-members: €112

Beginners 1 & 2 - This class builds children’s confidence by learning fundamentals including floating, breathing and basic safety. To progress to Improvers children will need to be able to put their face in the water and swim 25m continuously front and back with no board.

Improvers 1 & 2 - Children will work on body position, technique and breathing in front crawl and back crawl. They will be introduced to breast stroke and butterfly in Improver’s 2. To progress to Swim Squad children must be able to swim 100m in <3 minutes in 2 of the 4 strokes.

Swim Squad - Will help develop and refine all four strokes, build strength, stamina, endurance and will also work on improving diving, timing and tumbleturning. Pre-requisites - all swimmers must be able to swim 100m in <3 minutes in 2 of the 4 strokes. Participants will swim 50-60 lengths per session.

Code of Conduct -
1. DCU Sport’s Code of Conducts must be adhered to at all times.
2. All classes must be paid in full in advance to secure a place and swimmers can only attend classes they are booked into.
3. €5 discount available for additional siblings.
4. Lessons cater only for children from Junior Infants to 6th Class. Swim Squad ages 8+
5. A spectator area is available for parents/guardians; phones cannot be used in this area.
6. Non-members will require a wrist band to avail of lockers and free car parking (during lessons).
7. Wristbands are available to purchase from reception for €20.
8. Places are non-refundable at all times.
9. Places are transferable only with a doctor cert.
10. Management reserve the right to merge or withdraw classes from the timetable.
11. Participants must wear flip flops and have a pre-swim shower.
12. Swim hats are mandatory and are available for purchase at reception.
13. No belongings should be left in the family changing cubicles during lessons. Lockers are available.
14. Children must be collected from the pool deck at the end of the lesson.
15. Please do not bring your child to lessons if they are feeling unwell.
16. In the event of an emergency closure, due to an act of God, unusual weather or where DCU Sport Management determine it necessary for the safety of members, all or part of the facilities may close at short notice. No reimbursement will be given in these circumstances.
<table>
<thead>
<tr>
<th>Name</th>
<th>D.O.B / Age*</th>
<th>Class Day / Time</th>
<th>Level</th>
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</thead>
<tbody>
<tr>
<td>Child 1</td>
<td></td>
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<tr>
<td>Child 2</td>
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<td>Child 3</td>
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</tbody>
</table>

Parent/Guardian Name: ____________________________________________________________

Contact number of Parent/ Guardian: ____________________________________________

Email address: ________________________________________________________________

**Emergency Contact Name:** ______________________________________________________

**Emergency Contact Number:** _________________________________________________

Are you a member of DCU Sport: Yes ☐  No ☐

Does your child/children have any illnesses/allergies, injuries or learning difficulties that we should be aware of? Yes ☐  No ☐

If yes please describe: ___________________________________________________________

Is your child/children currently on any medication? Yes ☐  No ☐

If yes, please describe: _________________________________________________________

I/We agree to the Code of Conduct outlined on the application form (see front) and that the details I/We have filled out are correct.

Parent/Guardian: ____________________________  Date: ____________________________

DCU Sport
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