

## Recovery Centre Point-Business Plan

### The Brink

#### Appendix D

The Brink is a café / bar facility offering recovery services situated in the centre of Liverpool where people can meet up without alcohol. It is a unique venue with over 2,000 clients on its contact list. It provides a welcoming space where those in recovery and the general public can socialise and relax. Food is a key area with a menu that is healthy using local products. Food is sold all day. The Brink also facilitates social events from birthdays to weddings. Other services include space for recovery groups and support services. Education programmes are offered for families. Parenting is offered through a 10 week course. Also children with addicted parents are supported. There is a burgeoning on-line community talking to and supporting each other. The Brink participates in research, advocacy, family support and education and training.



Front facade



Juice Bar



Restaurant area



## Stage

These recommendations are taken from the following document which is in the process of being published by the North West Inner City Network (NWICN).

Recovery Academy of Ireland

Peer Led Action Research:

A Community Assets Scoping Exercise in Dublin's North Inner City

October 2016

The following recommendations may be adapted and applied to the field of education in North Inner City Dublin.

(Building on What is Already There)

There will be an emphasis on the assets of people in recovery and not their needs.

### **Vision for Recovery**

- The community will be strengthened by building on the assets that are already in the community and individuals, associations and institutions will be encouraged to come together to build on these assets for recovery.
- Recovery centres, recovery cafes, recovery houses, recovery schools and recovery enterprises will begin to spring up in the community.

- A recovery community organisation will be set up in the North Inner City which will be tasked with advocating for women's equality in recovery, and educational programmes will be designed with the holistic needs of people in recovery in mind.
- The values of the recovery culture will be actively promoted in the community and this will help to reverse the toll that addiction has taken on a community that is in urgent need of community and cultural revitalisation (2016: 33)

### **Vision for Recovery**

The community will recognise that the gifts and assets that people acquire in recovery include: self-efficacy; cognitive/emotional/spiritual maturity; encouraging others in problem-solving; co-operation; collaborative learning; intrapersonal and interpersonal skills; hospitality; networking and bringing people together. These skills are transferable and are the same gifts and assets that can be used to strengthen communities. Recovery coaches, champions and advocates will increase in number and become highly visible in the community.

These are the values that should underpin future education programmes in the North Inner City.

Dr Patricia Doyle

Chairperson Recovery Academy Ireland