



DCU Sport has an exciting opportunity!

Job Title:	Fitness instructor
Location:	DCU Sport (inc. Sports Complex, Sports Campus, St. Patricks Sports Complex), Dublin City University, Glasnevin, Dublin 9.
Responsible to:	Operations Manager, DCU Sport
Contract:	1 Year - part-time
Salary:	12.14-14.90 per hour (15 hours), CPD Programme, Gym Membership

DCU Sport

DCU Sport is the company charged with the operation of the sports facilities in DCU. DCU Sport is responsible for operating the Sports Complex, Soccer Centre, Sports Campus and St. Patricks Sports Complex. Our customers include staff, students, alumni and members of the public. We have 5000 members and a monthly footfall of 65,000. Our extensive, award winning facilities are the training location for many student clubs, elite teams and individuals. Our extensive facilities are an ideal location for the many national and international events we secure for hosting. DCU Sport is proud to have developed an environment where people of all ages and abilities can achieve their goals by creating purpose through people and programmes.

Purpose of Post:

The purpose of this post is deliver high quality, energetic and dynamic group fitness classes as part of our group fitness schedule. The successful applicant will also design programmes for members and ensure people using the gym do so in a correct manner at all times.

Key Duties:

1. To supervise the gym.
2. To design gym programmes for members as required.
3. To teach dynamic and effective group fitness classes.
4. To teach on our Active for Life programme for older adults.
5. To ensure that all policies and procedures in place are followed and adhered to.
6. To adhere to strict procedures and ensure standards are adhered to at all times.
7. To assist in practising high levels of customer service and professionalism at all times.
8. To assist in maintaining and improving a high standard of hygiene, quality & service.
9. To have a flexible approach to working hours as weekend roster applies.



10. To be able to work on their own and as part of a busy team, to communicate with the team effectively and to be able to use their own initiative.
11. To greet members and guests in a warm, welcoming, professional and friendly manner.
12. To deal with any guest / member queries and complaints in a professional manner.
13. To deal with a wide variety of members of the public both general and special populations.
14. To support the organisation in achieving its goals and objectives.

Any other duties, which may be assigned from time to time by the Operations Manager.

Personnel Specification:

Feature Sought	Essential	Desirable
1. Educational Standards	Recognised fitness instructors cert, reps registered	A recognised Pilates Qualification, FAR cert
2. Work Experience	1 year experience in a similar role	
3. Personal Characteristics	A positive attitude, highly motivated, energetic, team player, organised approach to the position.	

DCU Sport is an equal opportunities employer

Applications - CV & cover letter to gemma.dempsey@dcu.ie