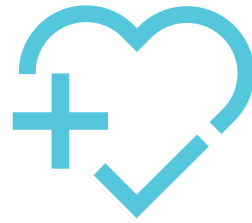




Ollscoil Chathair
Bhaile Átha Cliath
Dublin City University



DCU Healthy Charter

Our Vision

By 2022 DCU will be recognised as a university that champions and promotes the health and wellbeing of its shared community.

Our Mission

Our Mission is to create a healthy university that promotes physical, mental and social wellbeing where communities thrive.

Our values

- We commit to empowering our community to achieve their optimal health and wellbeing
- We will advocate for the health needs of our community at all levels of our activities
- We will work in partnership across units, faculties, schools and external organisations
- We commit to using evidence-based approaches to help us achieve a healthy university

Our Commitment

Dublin City University is committed to ensuring this charter is reflected in the life of the university. We will ensure openness, respect, fairness and equality are promoted and practiced and a sense of belonging is fostered. We believe that creating a healthy university will improve health and wellbeing outcomes for all members of our community, and enable our community to flourish.

DCU Healthy will

- Engage our community participants in the promotion of health and wellbeing
- Link students and staff to support services to meet their health and wellbeing needs
- Provide transformative learning opportunities that enable our community to gain knowledge and skills and take action to enhance health and wellbeing
- Support and ensure positive role modelling in terms of healthy choices and lifestyle behaviours
- Develop policies to create a physical and social environment which enables and encourages healthy choices and lifestyles, and complements health messages
- Seek continuous improvement through ongoing reflection, monitoring and evaluation
- Achieve Health Promoting University status nationally through our commitment to the process of health promotion

Signed: _____

DCU President Prof Brian MacCraith

Signed: _____

Student Union President Vito Moloney Burke

DCU Healthy

dcu.ie/dcuhealthy

Healthier Choices
Healthier You
Healthier Community

