



Dear Members,

Covid-19 has affected us all. To ensure our facility continues meets the highest standard of service and hygiene, we ask that you adhere to the following conduct:

- Please do not attend the facility if you or any of your household are displaying any symptoms of Covid-19.
- ✓ Face Coverings are mandatory on arrival, departure and whilst moving through the facility.
- ✓ Please respect social distancing measures whilst in the facility.
- Please ensure you 'swipe' your band at reception on entry in order to register your attendance.
- ✓ Please wash your hands on arrival and departure from the facility.
- ✓ Please clean down fitness equipment before and after use to the required standard.
- ✓ A sweat towel is essential.
- ✓ Bring your own filled water bottle.
- ✓ Pre-swim showers are essential.
- ✓ Flip flops are essential throughout the pool area.
- ✓ Please clean down areas used in dressing rooms with sanitiser provided.
- ✓ Please use hand sanitizers throughout your visit.
- ✓ Follow staff direction at all times to ensure a safe & enjoyable experience for all users.