



# Coronavirus **COVID-19**



**Dear Members,**

**Coronavirus has affected us all. To ensure our facility meets the highest standard of service and hygiene upon reopening, we ask that you adhere to the following conduct:**

- ✓ All sessions must to booked on-line in advance with only facilities booked accessible**
- ✓ Please do not attend the facility if you or any of your household are displaying symptoms as outlined by the HSE**
- ✓ Face Coverings are mandatory on arrival, departure and whilst moving through the facility.**
- ✓ Please respect social distancing measures whilst in the facility**
- ✓ Please do not arrive in advance of your pre-booked time**
- ✓ Please ensure you 'swipe' your band at reception on entry in order to register your attendance**
- ✓ Please wash your hands on arrival and departure from the facility**
- ✓ Please clean down fitness equipment before and after use to required standard**
- ✓ A sweat towel is essential**
- ✓ Bring your own filled water bottle**
- ✓ Pre-swim showers are essential**
- ✓ Flip flops are essential throughout the pool area**
- ✓ Please clean down areas used in dressing rooms with sanitiser provided**
- ✓ Please use hand sanitizers throughout your visit**
- ✓ Follow staff direction at all times to ensure a safe & enjoyable experience for all users**