



**Assistant Professor in Strength & Conditioning
School of Health & Human Performance
Faculty of Science and Health
2 days per week: Fixed Term Contract, 2 Years**

Dublin City University

Dublin City University www.dcu.ie is a research-intensive, globally-engaged, dynamic institution that is distinguished by both the quality and impact of its graduates and its focus on the translation of knowledge into societal and economic benefit. DCU prepares its students well for success in life, and in the workplace, by providing a high-quality, rounded education appropriate to the challenges and opportunities of the 21st century.

Through its mission to transform lives and societies through education, research and innovation, DCU acts as an agent of social, cultural and economic progress. As Ireland's University of Enterprise, it is characterised by a focus on innovation and entrepreneurship and a track-record of effective engagement with the enterprise sector.

School of Health and Human Performance

A dynamic and rapidly growing School within the Faculty of Science and Health, the School of Health and Human Performance at DCU is developing an international reputation in health, sport and exercise science and physical education. As such, the School of Health and Human Performance is committed to researching, understanding and disseminating knowledge about exercise and physical activity across the continuum from health to elite sport performance, and to the area of musculoskeletal medicine. The mission of the School is to foster optimum wellness in all phases of the human life cycle through the provision of academic programmes, research and the translation of research into public health or high performance strategies with practical implementation. It aims to achieve this through:

- Pioneering undergraduate and graduate level academic programmes;
- Undertaking research that transcends traditional boundaries leading to enhancement of health, physical performance and quality of life of the citizens of Ireland and beyond;
- Developing a wide range of community-based sport, health-related and injury research programmes;
- Building on our national reputation for excellence for sports performance, preventive medicine, health and physical literacy, and healthy aging across the life course.

The School has already received significant support from the University through the appointment of a range of key academic and support staff and the development of extensive facilities for exercise and sport.

As a member of this school you will become part of this multi-disciplinary team. Faculty and postgraduate research students in the School of Health and Human Performance investigate a wide range of topics concerning human movement and education, athletic performance, musculoskeletal medicine and health promotion. The School has a thriving research environment and the candidate must have the ability and desire to achieve excellence in their chosen area.

The School runs the following programmes:

1. BSc in Sports Science and Health www.dcu.ie/courses/undergraduate/shhp/sport-science-and-health
2. BSc in Athletic Therapy and Training www.dcu.ie/courses/undergraduate/shhp/athletic-therapy-and-training
3. BSc in Physical Education with Biology www.dcu.ie/courses/undergraduate/shhp/physical-education-biology
4. BSc in Physical Education with Mathematics www.dcu.ie/courses/undergraduate/shhp/physical-education-mathematics

The School attracts high calibre students who are offered undergraduate teaching, research opportunities and practical placements in industry, in education or in clinical settings according to programme. At the heart of development plans for the University, the School is in unique position for significant growth with the establishment and development of a new dedicated Health and Human Performance facility planned on campus at DCU.

Duties and Responsibilities

The role is at the level of Assistant Professor on a part-time basis at the equivalent of 0.4 FTE for a two-year period, commencing January 2021. Experience in tertiary teaching, and applied practice in sport and exercise science, with specialism in strength and conditioning theory and application in the field setting is required. The successful candidate will also be expected to link with, and contribute to, ongoing research at the School.

Teaching and Learning

The successful post-holder will be required to:

- Contribute to development, design, of modules and programmes at undergraduate level within the School;
- Coordinate and deliver modules related to strength and conditioning, and sports science more broadly;
- Supervise students' project work and placement on independent learning modules including but not limited to modules such as 'Final Year Project', and 'Intra'.

Research

The successful post holder will be required to:

- Contribute to the research portfolio of the school by conducting research in the area of Strength and Conditioning
- Contribute to the submission of grant applications, and journal publications within the school
- Contribute to the supervision of research project work at an undergraduate and post graduate level.

Service & Contribution to School

The candidate will be expected to undertake administrative functions relating to the activities of the School of Health and Human Performance. These activities, defined by the Head of School, may include participating in School meetings, carrying out key School administrative roles, engaging in meetings related to programmes, and representing the School in marketing and recruitment of students. The post-holder will also be expected to contribute to, and lead on, the creation of new modules on taught BSc and MSc programmes in the School, as well as contributing to and supporting overall programme development at the BSc and MSc levels.

Applicant Requirements

Essential Criteria:

Applicants must hold the following qualifications:

- A BSc in Sport and Exercise Science, or a related area;
- A PhD in the area of Sport and Exercise Science, or Strength and Conditioning;
- A recognised accreditation in Strength and Conditioning from a professional body e.g. CSCS, UKSCA, ASCA or similar.

Applicants must be able to demonstrate evidence of:

- Broad expertise in sport and exercise science, with an ability to deliver foundational modules/courses across this discipline, but to also extend across the related disciplines of physical education and athletic therapy;
- Specialism in the theory and application of strength and conditioning, specifically as it applies to the domains of sports performance, and/or injury prevention and rehabilitation;
- Having a detailed understanding of strength and conditioning, and demonstrate their ability to promote this profession and the area of study at DCU;
- Experience of delivery of modules in Strength and Conditioning at third level, which encompasses a variety of methods of delivery and assessment of learning outcomes.

Mandatory Training

The post holder will be required to undertake the following mandatory training: Orientation, GDPR and Compliance. Other training may need to be undertaken when required.