

# Speedy Techniques

# Plus, Minus, Interesting

## Beyond binary brainstorming

CATEGORIES: BRAINSTORMING, DIVERGENT THINKING, DECISION-MAKING

PMI is a very simple but effective brainstorming tool, created by Edward de Bono, which encourages students to think beyond binary pros and cons when evaluating an idea, text or object.

### Steps

At its most basic, the PMI tool is simply a three-column brainstorming sheet. The first column is headed “**Plus**”; the second column is headed “**Minus**”; and the third column is headed “**Interesting**”. Students can use it as a frame to assess anything from a set text to a series of rival proposals for a design task. It is the addition of the final, “Interesting” column that stimulates creative thinking.

### Variations

1. Students can use the tool **individually, in groups or as a whole class**. A group or whole-class setting often generates the most activity in the “Interesting” column – which is generally what you are looking for.
2. It can be useful in the first instance to lead students through the process step-by-step without revealing the headings of the subsequent columns. Start with “What are the pluses [about X]?” and end with “What are the interesting things [about X]?” Again, this tends to generate more activity in the “Interesting” column.
3. To turn PMI into a systematic **decision-making tool**, after the brainstorming is complete ask students to weight each entry in each column. “Minus” entries obviously get a minus value and “Plus” entries get a positive value (you may want to give fixed parameters: scores could range from -3 to +3). “Interesting” entries can be scored plus, minus or neutral – a process which will require some further thought. The totalled score could be used to guide a course of action, particularly if PMI is being used to think about two or more competing ideas or proposals.

**ONLINE?** YES – THIS WORKS IN ANY SETTING

**PHYSICAL RESOURCES?** NONE REQUIRED, THOUGH YOU MAY WANT TO PROVIDE A PMI TEMPLATE SHEET