

Age & Opportunity

arts



COPE Cycle of Exchange/ Age & Opportunity Arts

Dr. Tara Byrne, December 2023

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AGE & OPPORTUNITY

Age & Opportunity is Ireland's leading national development organisation working to enable the best possible quality of life for us all as we age.



ARTS PROGRAMME: ACCESS & REPRESENTATION



Supporting artists, arts organisations and arts participants



Creating Bealtaine Festival events that engage, challenge and represent



BEALTAINÉ FESTIVAL PROGRAMME AIMS

- **Nurturing the greater participation and representation of older people in the arts;**
- **Celebrating older artists and highlighting the creativity and potential of older people;**
- **Platforming the diversity of older age;**
- **Supporting organisations to deliver their own events;**
- **Nurturing solidarity between generations.**

SUPPORT PROGRAMME

Supports for Artists

Supports artists working with older people and in developing their careers

Supports for Arts Organisations

Supports organisations working with older people

Supports for Arts Participants

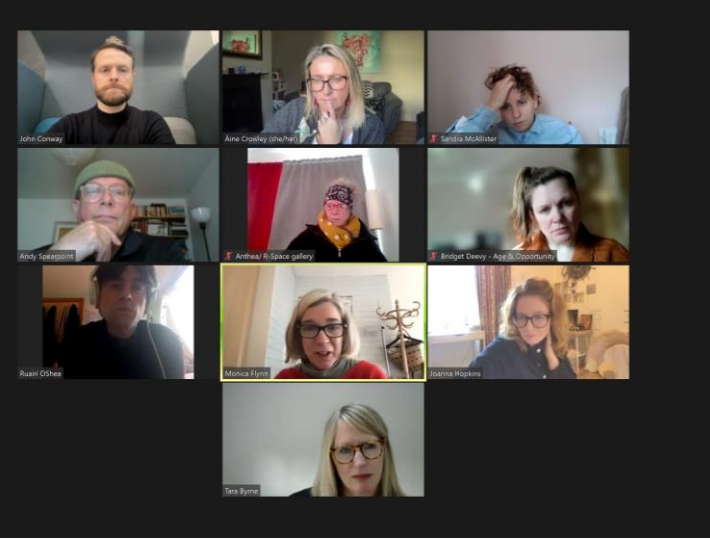
Supports audiences through Bealtaine Festival, cultural networks, and an Arts Charter

Supports for Care Homes

Supports training of staff in care settings and artists to work there

National initiatives: National Arts in Nursing Homes Day
Celebrates & encourages the arts and creativity in nursing homes during Bealtaine and offers awards (With Nursing Homes Ireland)





ARTISTS CARE EXCHANGE (ACE)

- Responds to the need for more trained artists in this sector
- Targets professional artists who work in care settings with older people
- Opportunity to exchange information, advice, and experiences in a group situation, whilst also learning from a range of experts in the social, medical, and arts fields.
- Offers mentoring support
- Offers a network of peers
- Complements Introduction to Arts, Health and the Older Person (AHOP)



Programme announced!

Vicky Comerford

Experience:

An Introduction to Arts, Health & the Older Person

Thursday 7 December 2023

Réalta Centre for Arts + Health, University Hospital Waterford

Booking details from www.ageandopportunity.ie and www.realta.ie

Presented by Age & Opportunity and Réalta, the National Body for Arts + Health in Ireland



ARTS & CREATIVE CHARTER FOR OLDER PEOPLE



Arts & Creative Charter for Older People

The Arts & Creative Charter for Older People aims to increase and enrich the experiences and confidence of older arts participants, audiences and artists in their engagement with arts organisations in Ireland.

In displaying this Charter, we set out our commitments in relation to engaging with older people.



These are our commitments:

- 1 We welcome older people.
- 2 We eliminate barriers to older people's participation in and enjoyment of our activities and aim to ensure that our buildings, online activities, programming, communications and information are as accessible as possible to the broadest range of older people.
- 3 We seek the active participation and feedback of older people in relation to all that we do.
- 4 We reject ageist language and commit to communicating clearly and openly with and about older people.
- 5 We create and support opportunities for diverse communities to collaborate and create together in all aspects of our work.
- 6 We invest in older people's creativity and involvement.
- 7 We foreground the participation and value of older people in our communications.
- 8 We ensure that all our employment, commissioning, funding, volunteering, learning and collaboration opportunities are fair and inclusive of older people.

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www.bemtime.ie
www.ageandopportunity.ie

For further information contact: Age & Opportunity Arts
+353 (0)1 805 7713 | arts@ageandopportunity.ie

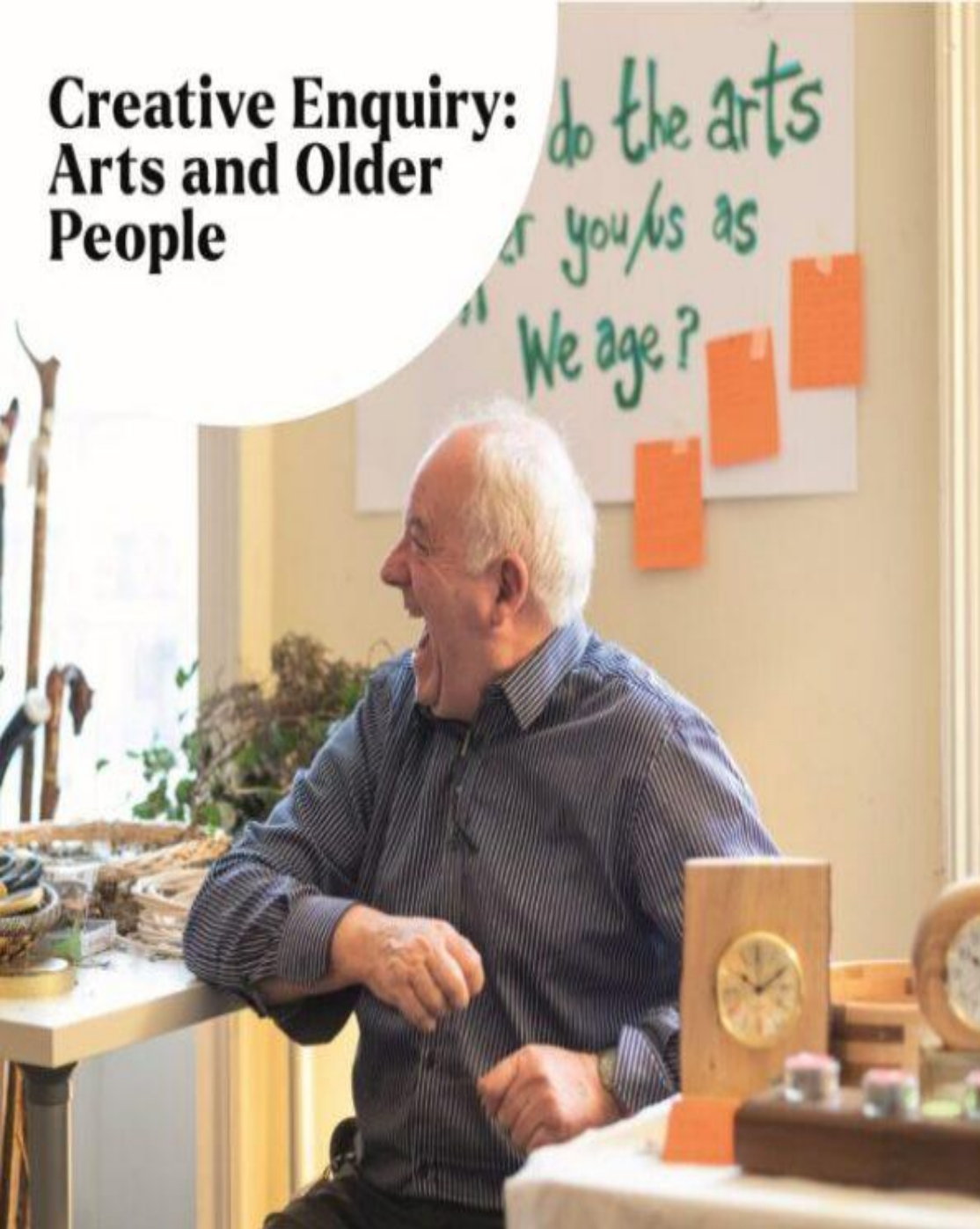
Published by



AIMS

- To create confidence amongst older people by enhancing their experiences of the arts
 - To support arts organisations in engaging with older people
-
- 8 commitments
 - 3 years to develop
 - Wide consultation and stakeholders
 - Pilot project
 - National roll out

Creative Enquiry: Arts and Older People



What Next?

Arts &
Ageing
Resources

Strategic Partners



Comhairle Cathrach Chorcaí
Cork City Council
Arts Ealaíona



Cork
County Council
Comhairle Contae Chorcaí



Age &
Opportunity



Host Organisations



Funder



Arts & Disability
Ireland



I LOVE MUSEUMS BUT THEY DON'T LOVE ME

Age and Disability
Arts Access
Info Sheet

www.adiarts.ie

www.ageandopportunity.ie



A Toolkit for Arts & Creativity in Care Settings

A practical
guide to making
the arts and
creativity part of
everyday life in
a care setting

Every bird can sing
in its own voice

Laura Huhtinen-Hilden

PARTNER RESOURCES

Arts & Creative Charter for Older People

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These are our commitments:

- 1 We welcome older people.
- 2 We eliminate barriers to older people's participation in and enjoyment of our activities and aim to ensure that our buildings, online activities, programming, communications and information are as accessible as possible to the broader range of older people.
- 3 We seek the active participation and feedback of older people in relation to all that we do.
- 4 We respect equal language and commit to communicating clearly and openly with and about older people.
- 5 We create and support opportunities for diverse communities to collaborate and create together in all aspects of our work.
- 6 We invest in older people's creativity and involvement.
- 7 We foreground the participation and value of older people in our communications.
- 8 We ensure that all our employment, commissioning, funding, volunteering, learning and collaboration opportunities are fair and inclusive of older people.

Age & Opportunity
www.hea.ie
www.ageandopportunity.ie

arts | active | engage

Mind Your Language

At Age & Opportunity we believe that ageist terms and images should be as unacceptable as sexist or racist ones. This guide aims to encourage all of us to use language that is precise, accurate and non-judgmental in private and public conversations with and about older persons.

Do...

Use the term **Older persons**. It is the most appropriate term to use. The 'er' qualifier makes it more acceptable and inclusive than just 'old'. It indicates that age is relative - everyone is older or younger than someone else. It recognises a continuum of ageing, all older persons are not the same age. While older people is also acceptable the word persons highlights that everyone is an individual. Above all, it is the term that older persons prefer. This is reflected in titles such as the United Nations Principles for Older Persons and the International Day of Older Persons.

Don't...

One of the worst - but most pervasive - ways to describe older persons is 'the elderly'. The word elderly is problematic because of its association with dependency and frailty and when paired with 'the' it implies membership of a homogenous group where all the individuals are the same. Also using 'them' as a prefix implies we are not part of this group, we are othering the subjects.

Geriatric is a medical term and should only be used in medical contexts, we would never refer to children as paediatrics. Likewise, just as we don't refer to persons under 50 as junior citizens there is no need to refer to persons of any age as senior citizens. Pensioner or OAP implies financial dependency and renders invisible the very many older persons who are in paid or unpaid work.

What do the arts mean to you?

Play (k) 0:26 / 4:54

A Toolkit for Arts & Creativity in Care Settings

A practical guide to making the arts and creativity part of everyday life in a care setting

Every bird can sing in its own voice : Laura Huhtinen-Hilden

Shann Morris
Clinical Nurse Manager,
Noos Day Care Centre

it brings excitement,
it brings something new to the centre, and

Creative supports for Care Homes

What are creative supports for care homes?

Building on the Arts & Disability Ireland's Creative Supports for Care Homes, we are developing creative supports for care settings in order to meet older people in the arts for the first time and to support their engagement with the arts. The Creative Supports for Care Homes project is a partnership between Arts & Opportunity and the Department of Health.

How does it work?

The Arts & Creative Toolkit for Care Settings, launched in 2021, is designed for use by managers and staff in quality care settings to identify and develop creative supports for older people in their care settings. It is intended to be used by managers and staff in care settings to identify and develop creative supports for older people in their care settings. It is intended to be used by managers and staff in care settings to identify and develop creative supports for older people in their care settings.

Arts & Disability Ireland

I LOVE MUSEUMS BUT THEY DON'T LOVE ME

Age & opportunity guidelines for working with older people in the arts: a resource for Bealtine organisers and others involved in the arts and older people

Item Type	Report
Authors	Moloney, Orla
Publisher	Age & Opportunity
Download date	04/10/2019 18:49:01
Link to Item	http://hdl.handle.net/10147/29942

Thank you.

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