

## Masters in Psychotherapy DC715

The MSc in Psychotherapy is a four-year part-time programme at Level 9 NFQ (120 credits). Students may exit after two years with a Graduate Diploma in Psychotherapy (60 credits). The programme comprises taught modules including the principles and practices of humanistic, cognitive-behavioural, psychodynamic and systemic approaches. The MSc programme fosters an inquiry based attitude in psychotherapy theory, practice and research. The programme, based on an integrative approach, provides students with an opportunity to work psychotherapeutically with a diversity of clients with complex and multifaceted needs.

### Frequently Asked Questions

- 1. How and when are lectures scheduled?** There are ten 3-day blocks of face-to-face teaching for the first two and a half years of the programme, five in semester 1 (September – December) and five in Semester 2 (January – April) – these blocks normally occur about every 3 weeks during the academic year. There are a reduced number of teaching days in the second semester of year three and in year four (1-2 days' teaching per block over the 10 blocks), however students also have individual research supervision meetings to attend during this part of the programme (approximately once-monthly meetings). Face-to-face lecturers, workshops, skills practice and tutorials are delivered on the Glasnevin campus in the School of Nursing and Human Sciences building in DCU <http://www.dcu.ie/snhs/index.shtml>, normally on Thursdays, Fridays and Saturdays. All modules also have an associated Loop page (Loop [Moodle] is the DCU online platform for learning and used by lecturers and students to share learning materials, submit assignments, join in online discussion and communication). A copy of the 2018/19 timetable for year one is provided below as an example of how class times are normally configured. As this is a clinical programme students are required to attend a minimum of 80% of all face-to-face teaching each semester.
- 2. What are the entry requirements?** A full list and explanation of the entry requirements and application process for the programme are posted on the DCU website at the following link: <https://www4.dcu.ie/courses/Postgraduate/snhs/MSc-Psychotherapy.shtml> Applications are generally accepted from early November of the previous year and suitable applicants invited for interview during April and May. It is a competitive process as the number of places available on the programme is restricted to meet student/lecturer ratios.
- 3. What happens to my application if I am already registered as a counsellor?** Applicants who already have a registration as a counsellor with a recognised professional organisation and who have relevant educational achievements may apply to enter the programme at year two or year three. Applications of this nature will be evaluated with our Recognition of prior experience and learning criteria (RPEL). Details on what is required for a RPEL addition to your application can be requested by emailing the programme chair, Dr. Aisling McMahon: [aisling.mcmahon@dcu.ie](mailto:aisling.mcmahon@dcu.ie)
- 4. Can I still apply if I do not meet the exact entry criteria?** The normal entry requirements include having a relevant degree and some appropriate clinical experience. If you do not have a relevant degree you may be asked to complete an additional application form. This allows the University to evaluate your application under our Recognition of prior experience and learning criteria (RPEL). Details on what is required for a RPEL addition to your application can be requested by emailing the programme chair, Dr. Aisling McMahon: [aisling.mcmahon@dcu.ie](mailto:aisling.mcmahon@dcu.ie)

- 5. What counts as clinical experience?** Applicants are asked to demonstrate that they have at least six months' recent experience of working or volunteering in a caring/supportive/helping role where they may have received some training or can avail of clinical guidance and support from a senior member of the team. Examples of this are working in a listening services such as a telephone helpline, work in a healthcare, charitable or educational setting where it would be normal to listen to and support people in distress or crisis.
- 6. What are the fees and are there any additional costs?** The programme fees are set by the University and revised annually. The programme fees are published in the fees booklet [https://www.dcu.ie/sites/default/files/fees/fees\\_booklet\\_2018-19\\_website.pdf](https://www.dcu.ie/sites/default/files/fees/fees_booklet_2018-19_website.pdf). Information of the schedule for fees payments is available from the fees office in DCU <http://www.dcu.ie/fees/index.shtml> There are additional costs for personal therapy and clinical supervisions that students should also take into account when planning to undertake the programme.
- 7. Do I have to attend Personal Therapy?** All students are required to attend a minimum of 20 hours' personal therapy each year of the programme (total 80 hours). The programme team provide guidance on sourcing a personal therapist during the first semester of the programme.
- 8. Do I have to attend Clinical Supervision?** All students are required to attend one hour of individual clinical supervision for every four hours of practice during years 2, 3 and 4 of the programme. The programme team provide guidance on sourcing a clinical supervisor during the second semester of year one of the programme.
- 9. Do I get help with sourcing placements?** Students commence clinical placement following successful completion of the first year of the programme. All students are required to engage in an average of 100 hours of clinical practice during years two, three and four of the programme (total 300 hours). The programme team provide guidance on sourcing a clinical placement either from the current list of approved placements or with an additional organisation identified by the student toward the end of semester two in year one.
- 10. How is the course accredited?** The Masters in Psychotherapy is accredited by Dublin City University and therefore provides graduating students with an internationally recognised Level 9 qualification. The programme has been designed with the European Association of Psychotherapy <http://www.europsyche.org/> guidelines as a standard for what constitutes a valid education and training in psychotherapy. Additionally, in the absence of a national statutory registration for the psychotherapy profession in Ireland as yet, DCU have course accreditation from two professional organisations, the Irish Association for Counselling and Psychotherapy <https://www.irish-counselling.ie/> and the National Association for Pastoral Counselling and Psychotherapy <http://www.napcp.ie/> for the programme. Psychotherapists registered with a professional organisations such as the IACP or the NAPCP are recognised by many state and private employers in Ireland.
- 11. Can I undertake the programme if I am a non EU student?** DCU welcomes international students. Students applying from outside the EU are advised to contact the international office <http://www.dcu.ie/international/index.shtml> to have their qualifications verified by the university and to get information on living and studying in Ireland prior to application. Non EU fees apply to international students. International students applying to take the programme should always check their national requirements for practising as a psychotherapist as standards vary from state to state.

**Academic Year 2018/2019 Semester 1 & 2 – MSc in Psychotherapy Year 1**

<b>Semester 1 Blocks</b>	<b>Day</b>	<b>Time</b>	<b>Module</b>
<b>Block 1 20th Sept.</b>	Thursday	10-11.15am 11.30am-5pm	Induction Year 1 Humanistic Approaches NS5025
<b>21st Sept.</b>	Friday	10-5pm	PPP 1 NS589
<b>22nd Sept.</b>	Saturday	10-5pm	Cognitive Behavioural Approaches NS584
<b>Block 2 11<sup>th</sup> Oct.</b>	Thursday	10-5pm	Humanistic Approaches NS5025
<b>12<sup>th</sup> Oct.</b>	Friday	10-5pm	PPP 1 NS589
<b>13<sup>th</sup> Oct.</b>	Saturday	10-5pm	Cognitive Behavioural Approaches NS584
<b>Block 3 1st Nov.</b>	Thursday	10-5pm	Humanistic Approaches NS5025
<b>2nd Nov.</b>	Friday	10-5pm	PPP 1 NS589
<b>3rd Nov.</b>	Saturday	10-5pm	Cognitive Behavioural Approaches NS584
<b>Block 4 22rd Nov.</b>	Thursday	10-5pm	Humanistic Approaches NS5025
<b>23rd Nov.</b>	Friday	10-5pm	PPP 1 NS589
<b>24<sup>th</sup> Nov.</b>	Saturday	10-5pm	Cognitive Behavioural Approaches NS584
<b>Block 5 6<sup>th</sup> Dec.</b>	Thursday	10-5pm	Humanistic Approaches NS5025
<b>7<sup>th</sup> Dec.</b>	Friday	10-5pm	PPP 1 NS589
<b>8<sup>th</sup> Dec.</b>	Saturday	10-5pm	Cognitive Behavioural Approaches NS584

<b>Semester 2 Blocks</b>	<b>Day</b>	<b>Time</b>	<b>Module</b>
<b>Block 6 10th Jan.</b>	Thursday	10-5pm	Integrative Psychotherapy (1) NS582
<b>11th Jan.</b>	Friday	10-5pm	PPP1 NS589
<b>12<sup>th</sup> Jan.</b>	Saturday	10-5pm	Psychodynamic Approaches NS572
<b>Block 7 Jan 31st</b>	Thursday	10-5pm	Integrative Psychotherapy (1) NS582
<b>1st Feb</b>	Friday	10-5pm	PPP1 NS589
<b>2nd Feb</b>	Saturday	10-5pm	Psychodynamic Approaches NS572
<b>Block 8 21st Feb</b>	Thursday	10-5pm	Integrative Psychotherapy (1) NS582
<b>22nd Feb</b>	Friday	10-5pm	PPP1 NS589
<b>23rd Feb</b>	Saturday	10-5pm	Psychodynamic Approaches NS572
<b>Block 9 21st Mar.</b>	Thursday	10-5pm	Integrative Psychotherapy (1) NS582
<b>22nd Mar</b>	Friday	10-5pm	PPP1 NS589
<b>23rd Mar</b>	Saturday	10-5pm	Psychodynamic Approaches NS572
<b>Block 10 11<sup>th</sup> April</b>	Thursday	10-5pm	Integrative Psychotherapy (1) NS582
<b>12th April</b>	Friday	10-5pm	PPP1 NS589
<b>13<sup>th</sup> April</b>	Saturday	10-5pm	Psychodynamic Approaches NS572

# DCU MSc in Psychotherapy

## Recognition of Prior Learning Document

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### **Definition of Recognition of Prior Learning**

The MSc in Psychotherapy adheres to the definition and principles of the DCU Recognition of Prior Learning Policy (RPL) (February 2011) as follows:

*Prior learning may be formal accredited learning or experiential/uncertified learning which includes the knowledge, skills and personal qualities acquired through life, work experience and study which are not formally attested.*

The underlying principles and philosophy of RPL at Dublin City University (DCU) state that:

*The recognition of prior learning (RPL) is inherent to DCU. RPL supports and facilitates access to DCU by recognising and rewarding prior learning. The DCU RPL policy is fair, transparent and consistently applied and supports and encourages lifelong learning and contributes to the university's overall mission. The purpose of RPL is to support students who will succeed and benefit. The intent of this policy is to enable individuals to build on prior learning to achieve additional qualifications including Major, Minor, Supplemental and Special Purpose awards. Recognition of prior learning can be used to access both undergraduate and post graduate awards.*

The MSc in Psychotherapy programme RPL policy acknowledges that learning outcomes may have been achieved through formal learning and/or experiential learning.

## **MSc in Psychotherapy RPL Process**

The MSc in Psychotherapy has been developed at level 9 in the National Framework of Qualifications (NFQ). It comprises 15 core modules including theoretical and research modules and professional practice modules that incorporate clinical practice, clinical supervision and personal development.

There are entry points into the MSc in Psychotherapy, at Years 1, 2 and 3 of the programme. Those applying for direct entry to year 1 of the programme are required to have a relevant degree and relevant experience in counselling/psychotherapy. Those year 1 applicants who do not fulfil these requirements and those applying for direct entry into years 2 and 3 of the programme are required to engage in the MSc in Psychotherapy RPL process.

The MSc in Psychotherapy RPL process is as follows:

- Two members of the MSc in Psychotherapy programme team will scrutinise paper applications and identify RPL applicants for Years 1, 2 and 3 of the programme.
- Suitable applicants will be called for interview
- RPL applicants will be given the RPL information sheets (attached)
- RPL applicants will be responsible for demonstrating achievement of required learning outcomes at the required level.
- An RPL Board will be convened comprising two members of the MSc in Psychotherapy programme team and the Post Graduate Convenor.
- The Chair of the MSc in Psychotherapy will notify the applicant and relevant people/departments of decisions made by the RPL Board
- The Chair of the MSc in Psychotherapy will be available to offer feedback/advice to RPL applicants.

## **Information for RPL Year 1 applicants**

### **DCU MSc in Psychotherapy Year 1 (2019-20 Academic Year)**

#### **Recognition of Prior Learning (RPL) Application**

Thank you for your application for Year 1 of the MSc in Psychotherapy. Your application is being considered on the basis of your prior learning as you do not meet the criteria for direct entry into Year 1 of this programme.

Prior learning may be formal accredited learning or experiential/uncertified learning which includes the knowledge, skills and personal qualities acquired through life, work experience and study which are not formally attested.

The underlying principles and philosophy of recognition of prior learning, at Dublin City University (DCU), state that the recognition of prior learning (RPL) is inherent to DCU. RPL supports and facilitates access to DCU by recognising and rewarding prior learning

The DCU RPL policy is fair, transparent and consistently applied and supports and encourages lifelong learning and contributes to the university's overall mission. The intent of this policy is to enable individuals to build on prior learning to achieve additional qualifications including Major, Minor, Supplemental and Special Purpose awards. Recognition of prior learning can be used to access both undergraduate and post graduate awards.

The MSc in Psychotherapy programme's RPL policy acknowledges that equivalent learning outcomes may have been achieved through formal learning and/or experiential learning.

Please complete the following form and required written assignment in order to progress your application.





**DCU MSc in Psychotherapy Year 1 (2019-20 Academic Year)**

**Recognition of Prior Learning (RPL) Application**

Name of Applicant \_\_\_\_\_

I wish to apply for Entry to MSc in Psychotherapy Year 1 by the RPL route.

**1. What level of academic education have you attained?**

(Please circle/ provide details and certified evidence)

Leaving Certificates

Certificates

Diplomas

**Additional Information**

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**2 What type and level of training in counselling or psychotherapy have you undertaken?**

(Please circle/ provide details of training institutes and certified evidence)

Short Courses

Certificates

Diplomas

Additional Information

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**3. What practical experience in the helping professions have you gained?**

(Provide details and certified evidence)

Describe any practical experience that you have gained in the helping professions. (For example, volunteer counselling roles, listening ear service, use of counselling skills as part of your primary role)

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**4. Written Assignment**

Please attach a written assignment of 500 words which critically discusses the influence of a counselling/ psychotherapy theory on clinical practice. Academic references are required.

**Please complete and return this form, with hard copies of your supporting evidence and written assignment to:**

**The Chair of the MSc in Psychotherapy  
School of Nursing and Human Sciences  
Dublin City University  
Glasnevin, Dublin 9**

Signed: \_\_\_\_\_(Applicant)

Date: \_\_\_\_\_

### **Information for Year 2 Applicants**

#### **DCU MSc in Psychotherapy Year 2 (2019-20 Academic Year)**

#### **Recognition of Prior Learning (RPL) Application**

Thank you for your application for Year 2 of the MSc in Psychotherapy. All applications for entry to year 2 of this programme are considered through the Recognition of Prior Learning (RPL) route.

The underlying principles and philosophy of recognition of prior learning, at Dublin City University (DCU), state that the recognition of prior learning (RPL) is inherent to DCU. RPL supports and facilitates access to DCU by recognising and rewarding prior learning.

The DCU RPL policy is fair, transparent and consistently applied and supports and encourages lifelong learning and contributes to the university's overall mission. The intent of this policy is to enable individuals to build on prior learning to achieve additional qualifications including Major, Minor, Supplemental and Special Purpose awards. Recognition of prior learning can be used to access both undergraduate and post graduate awards.

#### **Programme Information**

The MSc in Psychotherapy has been developed at level 9 in the National Framework of Qualifications (NFQ). It comprises 15 core modules including theoretical and research modules and professional practice modules that incorporate clinical practice, clinical supervision and personal development. The MSc in Psychotherapy programme RPL policy acknowledges that equivalent learning outcomes

may have been achieved through formal learning and/or experiential learning. Programme information is as follows:

<b>Programme Level /Year</b>	<b>Semester</b>	<b>Module</b>	<b>Assessment</b>	<b>Credits</b>
MSc in Psychotherapy Year 1	1	Humanistic Approaches: Theory and Practice <b>(Core) NS5025</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	1	Cognitive and Behavioural Approaches: Theory and Practice <b>(Core) NS584</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	1&2	Professional Practice Portfolio (1) <b>(Core) NS589</b>	100% Cont. Assessment	10
MSc in Psychotherapy Year 1	2	Integrative Psychotherapy (1) <b>(Core) NS582</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	2	Psychodynamic Approaches: Theory and Practice <b>(Core) NS572</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1	Systemic Approaches: Theory and Practice <b>(Core) NS585</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1	Integrative Psychotherapy (2) <b>(Core) NS5018</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1&2	Professional Practice Portfolio (2) <b>(Core) NS5031</b>	100% Cont. Assessment	10
MSc in Psychotherapy Year 2	2	Research Inquiry: An introduction to psychotherapy research <b>(Core) NS587</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	2	Couples Therapy- An Integrative Approach <b>(Core) NS5017</b>	100% Cont. Assessment	5
<b>Exit &amp; Entry Point</b>		<b>Students may exit programme with Graduate Diploma in Psychotherapy with 60 Credits @ Level 9. Students with a G Dip. Level psychotherapy training or equivalent may enter the programme to complete MSc. Level training.</b>		<b>60</b>
MSc in Psychotherapy Year 3	1&2	Research Approaches: Qualitative, Quantitative and Mixed Methods <b>(Core) NS5032</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 3	1 & 2	Professional Practice Portfolio (3) <b>(Core) NS5033</b>	100% Cont. Assessment	10

MSc in Psychotherapy Year 3	2	Psychosexual Integrative Practice Psychosexual Therapeutic Practice- Integrative Specialisms-  (Core) NS5036	100% Cont. Assessment	5
MSc in Psychotherapy Year 4	1&2	Professional Practice Portfolio (4)  (Core) NS5034	100% Cont. Assessment	10
MSc in Psychotherapy Year 4	1&2	Research Dissertation  (Core) NS5035	100% Cont. Assessment	30
<b>Exit Point</b>		<b>Students may exit programme with Masters in Psychotherapy with 120 Credits @ Level 9</b>		<b>120</b>

Clinical practice, clinical supervision and personal awareness / development work are considered central components of the MSc in Psychotherapy programme. The following section outlines the requirements for professional and personal development for the MSc in Psychotherapy.

<b>Year</b>	<b>Clinical Practice</b>	<b>Individual Supervision</b>	<b>Group Supervision</b>	<b>Individual Therapy</b>	<b>Personal Awareness Group</b>	<b>Personal reflection work</b>
<b>1</b>	0	0	0	20	15	28
<b>2</b>	60-80	15 -20	25	20	15	28
<b>3</b>	80-120	20 -30	25	20	15	27
<b>4</b>	80-120	20 -30	25	20	15	27
<b>Sub-Total</b>	300	75	75	80	60	110
<b>Total</b>	300	150		250		



## **Applications for Entry to Year 2 of the MSc in Psychotherapy**

Those who wish to apply for entry into Year 2 of the MSc in Psychotherapy are required to provide evidence of the following:

- Postgraduate level study in counselling/psychotherapy (minimum of 30 credits @ level 9) or equivalent to the content of year 1 of the MSc in Psychotherapy
- A minimum of 20 hours of individual personal therapy

**Please complete the following form and required written assignment in order to progress your application.**

**DCU MSc in Psychotherapy Year 2 (2019-20 Academic Year)**

**Recognition of Prior Learning (RPL) Application**

Name of Applicant \_\_\_\_\_

I wish to apply for Entry to MSc in Psychotherapy Year 2 by the  
RPL route

1. **What academic qualifications have you attained?**  
(Please circle/ provide details and certified evidence)

Certificate

Diploma

Degree

Higher diploma

Professional Development Module (level 8 or 9)

Masters degree

Additional Information

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**2. What type and level of training in counselling/psychotherapy have you undertaken?**

(Please circle/ provide details and certified evidence)

Certificate

Diploma

Duration of training course?

Type of training? (Eg. Single modality or integrative approach)

Additional Information

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**3. Demonstrate and provide evidence in relation to how your previous academic qualifications and training are equivalent to postgraduate level study in counselling/psychotherapy (minimum of 30 credits @ level 9) or equivalent to the content of year 1 of the MSc in Psychotherapy (module descriptions are available on the DCU website – see module codes on p.8 above)**

<b>MSc in Psychotherapy Modules</b>	<b>Level 9 Credits</b>	<b>Applicant's comments/ evidence of equivalent education and training</b>
Humanistic Approaches: Theory and Practice	5	
Cognitive and Behavioural Approaches: Theory and Practice	5	
Professional Practice Portfolio (1)	10	
Integrative Psychotherapy (1)	5	
Psychodynamic Approaches:	5	

<b>MSc in Psychotherapy Modules</b>	<b>Level 9 Credits</b>	<b>Applicant's comments/ evidence of equivalent education and training</b>
Theory and Practice		

**4 Personal Therapy**

Have you achieved a minimum of 20 hours of individual personal therapy? Yes/No

**If Yes, please provide certified evidence**

Additional Information

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**5 Written assignment**

Please attach a written assignment of 500 words which critically discusses the influence of a counselling / psychotherapy theory on clinical practice. Academic references are required.

I have attached a 500-word written assignment ..... Yes/No

**Further information**

Are you an accredited counsellor/therapist? Yes/No

If Yes, state accrediting organisation and provide a copy of your accreditation certificate

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Additional Comments

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**Please complete and return this form, with hard copies of your supporting evidence and written assignment to:**

**The Chair of the MSc in Psychotherapy**

**School of Nursing and Human Sciences**  
**Dublin City University, Glasnevin Dublin 9**

Signed: \_\_\_\_\_ ( Applicant) Date: \_\_\_\_\_

## **Information for Year 3 Applicants**

### **DCU MSc in Psychotherapy Year 3 (2019-20 Academic Year)**

#### **Recognition of Prior Learning (RPL) Application**

Thank you for your application for Year 3 of the MSc in Psychotherapy. All applications for direct entry to Year 3 of this programme are considered through the Recognition of Prior Learning (RPL) route.

The underlying principles and philosophy of recognition of prior learning, at Dublin City University (DCU), state that the recognition of prior learning (RPL) is inherent to DCU. RPL supports and facilitates access to DCU by recognising and rewarding prior learning

The DCU RPL policy is fair, transparent and consistently applied and supports and encourages lifelong learning and contributes to the university's overall mission. The intent of this policy is to enable individuals to build on prior learning to achieve additional qualifications including Major, Minor, Supplemental and Special Purpose awards. Recognition of prior learning can be used to access both undergraduate and post graduate awards.

#### **Programme Information**

The MSc in Psychotherapy has been developed at level 9 in the National Framework of Qualifications (NFQ). It comprises 15 core modules including theoretical and research modules and professional practice modules that incorporate clinical practice, clinical supervision and personal development. The MSc in Psychotherapy programme RPL policy acknowledges that equivalent learning outcomes may have been achieved through formal learning and/or experiential learning. Programme information is as follows:

<b>Programme Level /Year</b>	<b>Semester</b>	<b>Module</b>	<b>Assessment</b>	<b>Credits</b>
MSc in Psychotherapy Year 1	1	Humanistic Approaches: Theory and Practice <b>(Core) NS5025</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	1	Cognitive and Behavioural Approaches: Theory and Practice <b>(Core) NS584</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	1&2	Professional Practice Portfolio (1) <b>(Core) NS589</b>	100% Cont. Assessment	10
MSc in Psychotherapy Year 1	2	Integrative Psychotherapy (1) <b>(Core) NS582</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 1	2	Psychodynamic Approaches: Theory and Practice <b>(Core) NS572</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1	Systemic Approaches: Theory and Practice <b>(Core) NS585</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1	Integrative Psychotherapy (2) <b>(Core) NS5018</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	1&2	Professional Practice Portfolio (2) <b>(Core) NS5031</b>	100% Cont. Assessment	10
MSc in Psychotherapy Year 2	2	Research Inquiry: An introduction to psychotherapy research <b>(Core) NS587</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 2	2	Couples Therapy- An Integrative Approach <b>(Core) NS5017</b>	100% Cont. Assessment	5
<b>Exit &amp; Entry Point</b>		<b>Students may exit programme with Graduate Diploma in Psychotherapy with 60 Credits @ Level 9. Students with a G Dip. Level psychotherapy training or equivalent may enter the programme to complete MSc. Level training.</b>		<b>60</b>
MSc in Psychotherapy Year 3	1&2	Research Approaches: Qualitative, Quantitative and Mixed Methods <b>(Core) NS5032</b>	100% Cont. Assessment	5
MSc in Psychotherapy Year 3	1 & 2	Professional Practice Portfolio (3) <b>(Core) NS5033</b>	100% Cont. Assessment	10

MSc in Psychotherapy Year 3	2	Psychosexual Integrative Practice Psychosexual Therapeutic Practice- Integrative Specialisms-  (Core) NS5036	100% Cont. Assessment	5
MSc in Psychotherapy Year 4	1&2	Professional Practice Portfolio (4)  (Core) NS5034	100% Cont. Assessment	10
MSc in Psychotherapy Year 4	1&2	Research Dissertation  (Core) NS5035	100% Cont. Assessment	30
<b>Exit Point</b>		<b>Students may exit programme with Masters in Psychotherapy with 120 Credits @ Level 9</b>		<b>120</b>

Clinical practice, clinical supervision and personal awareness / development work are considered central components of the MSc in Psychotherapy programme. The following section outlines the requirements for professional and personal development for the MSc in Psychotherapy.

<b>Year</b>	<b>Clinical Practice</b>	<b>Individual Supervision</b>	<b>Group Supervision</b>	<b>Individual Therapy</b>	<b>Personal Awareness Group</b>	<b>Personal reflection work</b>
<b>1</b>	0	0	0	20	15	28
<b>2</b>	60-80	15-20	25	20	15	28
<b>3</b>	80-120	20-30	25	20	15	27
<b>4</b>	80-120	20-30	25	20	15	27
<b>Sub-Total</b>	300	75	75	80	60	110
<b>Total</b>	300	150		250		



### **Applications for Entry to Year 3 of the MSc in Psychotherapy**

Those who wish to apply for direct entry into Year 3 of the MSc in Psychotherapy are required to provide evidence of the following:

- A postgraduate Diploma in Psychotherapy (60 credits @ level 9) equivalent to the content of Years 1 & 2 of the MSc in Psychotherapy
- A minimum of 60 hours of clinical practice
- A minimum of 15 hours of clinical supervision
- A minimum of 40 hours of individual personal therapy

**Please complete the following form and required research proposal in order to progress your application.**

**DCU MSc in Psychotherapy Year 3 (2019-20 Academic Year)**

**Recognition of Prior Learning (RPL) Application**

Name of Applicant \_\_\_\_\_

I wish to apply for Entry to MSc in Psychotherapy Year 3 by the  
RPL route

**1 What academic qualifications have you attained?**  
(Please circle/ provide details and certified evidence)

Certificate

Diploma

Degree

Higher diploma

Professional Development Module (level 8 or 9)

Masters degree

Additional Information

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**2 What type and level of training in counselling/psychotherapy have you undertaken?**

(Please circle/ provide details and certified evidence)

Certificate

Diploma

Duration of training course?

Type of training? (e.g., Single modality or integrative approach)

Additional Information

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**3. Demonstrate and provide evidence in relation to how your previous academic qualifications and training are equivalent to a Graduate Diploma in Psychotherapy (60 Credits @ Level 9) as provided in Years 1 and 2 of the MSc in Psychotherapy (module descriptors are available on the DCU website - see module codes on p.15 above)**

<b>MSc in Psychotherapy Modules</b>	<b>Level 9 Credits</b>	<b>Applicant's comments/ evidence of equivalent education and training</b>
Humanistic Approaches: Theory and Practice	5	
Cognitive and Behavioural Approaches:	5	

<b>MSc in Psychotherapy Modules</b>	<b>Level 9 Credits</b>	<b>Applicant's comments/ evidence of equivalent education and training</b>
Theory and Practice		
Professional Practice Portfolio (1)	10	
Integrative Psychotherapy (1)	5	
Psychodynamic Approaches: Theory and Practice	5	
Systemic Approaches: Theory and Practice	5	
Integrative Psychotherapy (2)	5	
Professional Practice Portfolio (2)	10	
Research Inquiry: An introduction to psychotherapy research	5	
Couples Therapy- An Integrative Approach	5	

### **5. Clinical Practice, Supervision, Personal Therapy**

Are you an accredited counsellor/therapist?

Yes/No

If Yes, state accrediting organisation \_\_\_\_\_

Have you achieved a minimum of the following:

- |  |         |
|--|---------|
| a) 60 hours of clinical practice           | Yes/No  |
| b) 15 hours of clinical supervision        | Yes/ No |
| c) 40 hours of individual personal therapy | Yes/No  |

**If Yes, please provide certified evidence**

Additional Information

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## **6 Research Proposal**

Applicants are required to submit a 1,000-word research proposal, suitable for level 9 academic research. Research proposal guidelines are available on request from the Chair of the MSc in Psychotherapy.

I have attached a 1,000-word research proposal ..... Yes/No

Additional Comments

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**Please complete and return this form, with hard copies of your supporting evidence and research proposal to:**

**The Chair of the MSc in Psychotherapy  
School of Nursing and Human Sciences  
Dublin City University, Glasnevin Dublin 9**

Signed: \_\_\_\_\_ (Applicant) Date: \_\_\_\_\_