**Concurrent Symposium 4: Active Schools/Active Communities**

**Session 1:**

**Oral Presentations** (5 min each)

1.30pm – 2.30pm, Friday 14th June

**Understanding and Promoting Physical Activity in Children and Adolescents**

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| 1 | Mareesa O’Dwyer, Stuart J Fairclough, Zoe Knowles and Gareth Stratton | Effect of a family focused active play intervention on sedentary time and physical activity in preschool children |
| 2 | Déirdre Ní Chróinín and Eimear Enright | Understanding young girls’ engagement in youth sport, physical education and physical activity through participatory methods |
| 3 | Con Burns, John J. Murphy, John Vaughan and Ciaran MacDonncha | Correlates of Physical Activity among Irish Adolescents |
| 4 | Eileen McEvoy, Ann MacPhail and Eimear Enright | ‘Our Words Don’t Matter’: Considering what Limerick youth tell us about life and physical activity in the Regeneration areas |
| 5 | Catherine Woods and Norah Nelson | Physical activity for health in adolescence: An evaluation of the dose-response for the 60 minutes per day recommendation. |
| 6 | Wesley O’Brien, Sarahjane Belton and Johann Issartel | The evaluation of the Youth-Physical Activity Towards Health (Y-PATH) intervention |

**Invited discussant:** Dr. Niamh Murphy, Director of the Centre for Health Behaviour Research, Waterford Institute of Technology

**Chair:** Dr. Elaine Murtagh, Lecturer in Physical Education, Mary Immaculate College, and Chair of the Active Schools-Active Communities research cluster at PEPAYS.

**Session 2: Debate Symposium: The role and place of fitness testing in schools.**

2.30 - 3.30pm, Friday 14th June

**For: *fitness testing in schools is essential to ensure the health and well-being of Irish children***

Prof Niall Moyna, School of Health and Human Performance, Dublin City University

**Against: *fitness testing in schools causes more harm than good for children***

Susan Marron, Lecturer in Physical Education, St. Patrick’s College and Chairperson of the Irish Primary PE Association

**Chairperson:** Dr. Déirdre Ní Chróinín, Lecturer in Physical Education, Mary Immaculate College.