

Student Component

- Engage in PE curriculum
- Student HRA journal
- Physical activity advocacy posters
- Pathways to activity directory providing information regarding local sports clubs and activities

Teacher Component

- PE teachers receive handbook and one day in-service workshop
- Information leaflets for ALL teaching staff
- Information session for ALL teaching staff
- A one week 'pedometer challenge'



Parent/Guardian Component

- Information leaflets
- Information session

Media

- Website and facebook page providing access to all Y-PATH resources
- Website and facebook page used as a social utility where all involved can share their experiences