

Keynote speeches:

Professor Doug Guiffrida

A constructivist lens for clinical supervision

Constructivism is an intellectual force within the social sciences and its ideas have long been integrated into numerous counseling approaches. Yet, despite the strong influence of constructivism in the profession of counseling, constructivist ideas have not been widely integrated into the practice of clinical supervision. In this presentation, the tenets of constructivism will be described, including constructivist views of knowledge, change, and development; and the presenter will discuss how a constructivist lens to supervision can encourage supervisees to develop clinical expertise that combines intuitive wisdom with established counseling theory and research.

Biography

Douglas Guiffrida is a Professor of Counseling and Human Development at the University of Rochester, in Rochester NY, USA. He is an Approved Clinical Supervisor, a Nationally Certified Counselor, and a Licensed Mental Health Counselor. He has nearly 20 years of clinical supervision experience and has taught a doctoral-level class in clinical supervision since 2000. He is the author of over 30 professional publications, including the book titled “Constructive Clinical Supervision in Counseling and Psychotherapy” (2015; Routledge), which was awarded the 2015 “Publication of the Year Award” by the Association for Counselor Education and Supervision.

Dr. Mary Creaner

Through the lens darkly: When supervision is less than ideal

Clinical supervision has long been acknowledged as a key component in the training of therapists and, in some instances, engaging in supervision is a career long professional requirement. Whether in the context of training or across the career life span, good supervision aims to facilitate supervisee's professional development and well-being with the ultimate goal of providing the best possible outcomes for clients. In good supervision, supervisors endeavour to create collaborative supervisory alliances and learning relationships to facilitate supervisee professional identity and competency development. However, research indicates that supervision is not always experienced by supervisees as empowering, growth promoting or helpful to their professional or personal development. Considering the inherent power differential, supervisees may not always feel psychologically safe enough to express their concerns and may not be adequately supported to do so. In addition, supervisees may not always be aware that their supervision experience is less than optimal. This presentation will review current supervision research to identify the key factors experienced by supervisees when supervision is problematic and hinders or is harmful to supervisee well-being and professional development. It will also consider the contributing factors, the perceived impacts and potential consequences of these experiences and provide recommendations for supervisor's critical reflection, competency development and best practice considerations.

Biography

Dr. Mary Creaner is an Assistant Professor and Research Co-ordinator with the Doctorate in Counselling Psychology and Director of the M.Sc. in Clinical Supervision, Trinity College Dublin. She is an accredited therapist and clinical supervisor with the Irish Association for Counselling and Psychotherapy and a member of the American Psychological Association. Mary has a particular interest in supervision practice, training and research and is a supervision consultant to statutory and voluntary agencies. Among her publications is the text book, *Getting the Best out of Supervision in Counselling and Psychotherapy* (Sage, 2014). Mary has been a guest editor for a special section on 'Current trends in clinical supervision' with the *Counselling Psychology Quarterly* (CPQ) journal and presents her research nationally and internationally.

Masterclasses:

Professor Doug Guiffrida

An introduction to constructive clinical supervision:

In this master class, the constructive approach to clinical supervision will be described. Using mini-lecture, small group discussion, and video clips of actual supervision sessions, participants will learn the fundamental elements of constructivism and constructive supervision, how to use the approach with a variety of supervisee issues, research that has examined its efficacy, and creative activities that can be used to facilitate supervisee development from a constructive lens.

Biography

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Dr. Bobby Moore**Reflexive supervision: Conversations to promote lifelong learning:**

An experiential workshop inviting participants to explore what is described as the 'reflexive turn'. We drop deeper into the quality of presence the supervisor can bring to the learning relationship

Biography

A self-employed psychoanalytic psychotherapist (ICP) and group psychotherapist (AGPA) based in Belfast, Bobby works as a psychotherapist, supervisor, executive coach, mediator and facilitator. As Director of the Centre for Re-Sourceful Leadership he works internationally, supporting sustainable leadership through individual and team supervision, leadership coaching and leadership workshops. He designed and co-delivers the Diploma in Reflexive Supervision with a team of practitioners from a wide range of professional backgrounds. He also works as a trainer and supervisor for social work, education, nursing, psychology and multi-disciplinary teams in the NH

Professor Peter Hawkins**Seven lenses of the seven-eyed supervision model:**

The Seven-Eyed Model of Supervision developed by Professor Peter Hawkins over the last 33 years, has become the most widely used model of supervision internationally across many professions including psychology, psychotherapy, counselling, coaching, social work and nursing. This master-class workshop will present the History of the development of Seven-eyed model of Supervision from 1985 to the present day and then provide an experiential journey through the seven eyes, each person applying the seven lenses to a current or recent client. Participants will leave with ways of taking their own supervision (both giving and receiving) to the next level of impact.

Biography

Peter Hawkins is Professor of Leadership at Henley Business School, Chairman of Renewal Associates, Founder of Bath Centre for Psychotherapy and Counselling and Joint Founder and Chairman of Centre for Supervision and Team Development (www.CSTDBath.co.uk.) who have been running professional trainings in Supervision in many parts of the world since 1978. He has written many best-selling books including: being lead author of *Supervision in the Helping Professions* (with Robin Shohet) 1989, fourth edition 2012; and *Coaching, Mentoring and Organizational Consultancy: Supervision, Skills and Development* (with Nick Smith) 2006, second edition 2013; and author of *Leadership Team Coaching* 2011, 3rd edition 2017.