

Hypertension Study Day

30th November 2017

Royal Marine Hotel, Dun Laoghaire, Dublin

Time	Speaker	Topic/content
0930-0945		Registration
0945-1000	Catriona Murphy Lecturer, School of Nursing and Human Sciences, DCU, Dublin 9	Welcome, Introduction and Epidemiology of Hypertension in Ireland
1000-10.30	Naomi Stetson Independent Nurse Consultant in Hypertension and CVD	Diagnosing and managing hypertension using clinic, ambulatory measurement and home blood pressure monitoring
1030-1105	John Cox General Practitioner Fethard - on – Sea, New Ross, Co Wexford	Non pharmacological and pharmacological hypertension treatment guidelines and common issues arising in General Practice
1105-1125		Break
1125-1225	Jill Bunker Registered Nurse, Independent Prescriber, Fellow of The British & Irish Hypertension Society	Interpretation of ambulatory blood pressure recordings (Group work)
1225-1300	Ruth Morrow Advanced Nurse Practitioner (Primary Care), Primary Care Centre, Carrigallen Co Leitrim	Setting up a Hypertension service in General Practice
1300-1345		Lunch
1345-1510	Irene Gibson Director of Programmes and Prevention Nurse Specialist, Croí the West of Ireland Cardiac Foundation. Co Galway	Motivational interviewing for behaviour change
1510-1525		Break
1525-1550	Jill Bunker/Naomi Stetson (as above)	Medication optimisation
1510-1600	Catriona Murphy (as above)	Summary, evaluation and close

Nursing and Midwifery Board of Ireland Post-Registration Category 1 approved
(5 Continuing Education Units)

Registration fee: €50

Register at <https://www.eventbrite.ie/e/hypertension-study-day-tickets-38342639868>

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