# 9th Symposium on Open Dialogue Approaches to Engagement with Mental Health Communities



# 'A Viable Alternative in an Uncertain World'

21st January 2016, 9:30 – 16:30 School of Nursing & Human Sciences Dublin City University

This one day interactive symposium for all mental health/psychotherapy professionals, family members, service users & interested community members includes presentations and discussions exploring open dialogue approaches to working with service users, families/carers and mental health/therapeutic practitioners as well as opportunities to think about the innovative ways of improving existing mental health services.

### Opening up the Dialogical Space

'Can Open Dialogue/Dialogical Practice Become a Viable Alternative to Institutional/Coercive Psychiatry?'

With Dr Peter Stastny - Psychiatrist, Documentary Director, Mental Health Activist, New York

## 'Open Dialogue in West Cork'

With Adrienne Adams, Geraldine Mac Namara, Iseult Twamley - West Cork Mental Health Services

'Trialogue' – 'A Transformational Process of Communication Between Service Users, Family Members and Mental Health Practitioners Beyond Role Stereotypes'

With Professor Michaela Amering –
Professor of Psychiatry, Medical University of Vienna, Department of Psychiatry and
Psychotherapy, Austria

### **Facilitated Trialogue Meeting:**

'Liberation from Fear and Entrenchment in Communities of Practice'



This annual symposium convenes as part of a national mental health initiative to enhance capacity amongst mental health service users, family members and coal face mental health practitioners to change the way people experience and respond to mental health difficulties in Ireland.

The symposium is aimed at service users, family members and mental health practitioners associated with mental health/therapeutic service provision. There is no charge for participation and delegates will have an opportunity to purchase their own refreshments within the venue or elsewhere.

There are a limited number of places available and participation is normally dependent on groups of three applying (a service user, carer/family member and mental health practitioner) as one. It is not necessary for a group to have a family and/or service connection with each other.

If you wish to participate, please contact:

Líam Mac Gabhann by email: <a href="mailto:liam.macgabhann@dcu.ie">liam.macgabhann@dcu.ie</a> or telephone 01 700 8805 (voice mail), giving the three names, geographical area you are coming from and contact details (phone and/or email).





