



# Overweight and Obesity: Shaping a Healthier Future



## Module code: NS5049

This module aims to develop knowledge in the area of overweight and obesity. The causes/contributory factors, prevalence, consequences of, and treatment options for overweight and obesity will be explored, as well as the role of wider society and policy makers.

## Who should apply:

Nurses or health and social care practitioners with an interest in understanding what has caused the overweight and obesity problem to emerge, how we can row it back at a societal level, and how to support individuals to lose weight.

## Content and structure:

This stand-alone module delivered over a 12-week semester is available in an online format. This is supported by a number of tutorials delivered face-to-face in DCU.

**Application deadline:**  
2 November 2018

**Commencing:**  
Semester Two 2019

**Credit/Level:**  
Level 9, 10 ECTS credits

**Cost:**  
€850

**Application details available from:**  
T 353 (0) 1 700 8975  
E [science@dcu.ie](mailto:science@dcu.ie)

**Find out more:**  
W [dcu.ie/snhs/professional](http://dcu.ie/snhs/professional)  
E [maryrose.sweeney@dcu.ie](mailto:maryrose.sweeney@dcu.ie)