



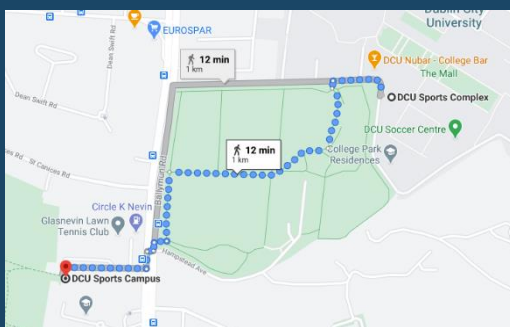
## TIMETABLE SEMESTER 2 2021/22 (Jan-April)

Event Group	Day	Time	Coach	Venue(s)
<b>Sprints/Hurdles</b>	Monday	5.30pm	Daniel Kilgallon	DCU Sports Campus (St. Clare's)
	Wed	2pm		Morton Stadium
<b>Jumps</b>	Thurs	5pm	Barry Pender	DCU Sports Campus (St. Clare's)
<b>Distance</b>	Tues	6pm	Joe Ryan	DCU Sports Campus (St. Clare's)
	Thurs	6pm		DCU Sports Campus (St. Clare's)
<b>Throws (Shot, Discus, Jav)</b>	Wed	2pm	Dave Sweeney	Morton Stadium
<b>Throws (Hammer)</b>	TBC	TBC	Sean Egan	Morton Stadium
<b>Walks</b>	Group Session Every 2 <sup>nd</sup> Wednesday	4pm	Michael Lane	Albert College Park & Santry Demesne Park

**Note:** The table above shows typical training times and locations across the different groups. For the most accurate and up to date training schedule, please contact the head of athletics, relevant coach or club captains directly. COVID-19 restrictions and protocols must be adhered to across the training venues at all times.

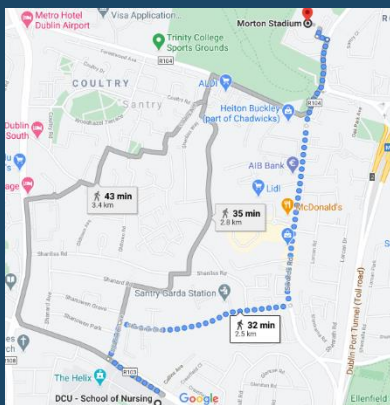
## TRAINING LOCATIONS

See images below of locations of training sessions. If in doubt.... Google maps!



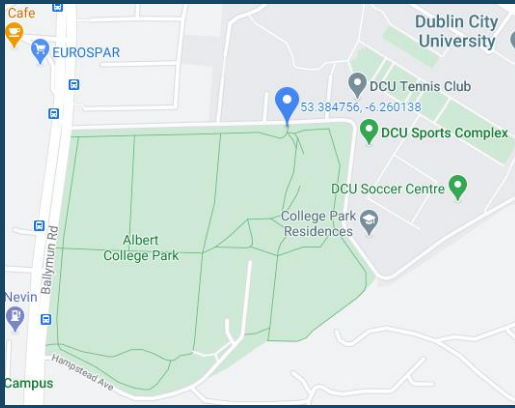
### DCU Sports Complex (Gym) to DCU Sports Campus (St. Clare's)

Our Sports Campus is located just off campus on the Ballymun Rd, span over 35 acres. The Sports Campus are accessible from University Sports Complex by a ten-minute relaxing walk through Albert College Park.



### Morton Stadium & Santry Demesne Park (from DCU Nursing Building)

Morton is located approx. 2km from DCU Glasnevin campus. Santry Demesne park is located directly beside the track.



## Albert College Park

Located in the middle of the Glasnevin Campus adjacent to the avenue... You can't miss it.